

BIGSPD Annual Conference Programme

16th - 18th June 2026 Grand Hotel Blackpool



Programme as of 14/6/2026, subject to change.

Quiet space available in the Chester room, 1st floor.

Workshops in the Hamilton room are limited to a maximum of 40 people on a first-come, first-served basis.

TUESDAY JUNE 16TH

TIME	LOCATION	SESSION
10:00 - 17:10	Entrance Hall	Registration Open
12:30 - 13:30	Queens Suite	Lunch with Exhibition
13:30 - 13:50	Royal Suite	Opening Address & Welcome by BIGSPD Co-Presidents <i>Fi Kuhn-Thompson, Midlands Partnership University NHS Foundation Trust.</i> <i>Gary Lamph, Keele University, Midlands Partnership University NHS Foundation Trust.</i>
13:50 - 14:15	Royal Suite Chaired by: David Kingsley	Plenary Speaker: Dr Annette Jones, Clinical Lead Complex Emotional Needs Pathway / Consultant Clinical Psychologist, Lancashire and South Cumbria NHS Foundation Trust Presentation Title: More than seaside story: Building consistency and trust in CEN care in Lancashire and South Cumbria. Includes 10 mins Q&A.
14:15 - 15:10	Royal Suite Chaired by: Emma Jones	Plenary Speaker: Professor Ad de Jongh, University of Amsterdam. Presentation Title: The effectiveness of brief trauma-focused treatment for personality disorders. Includes 10 mins Q&A.
15:10 - 15:40	Queens Suite/ Trafalgar Suite	Tea and Coffee with Exhibition and Poster viewing
15:40 - 17:10	Royal Suite Chaired by: Jane Cannon	Parallel 1: Symposium Utilising the action/consequences model to bring applied ethics into risk formulation for people diagnosed with 'personality disorder' <i>Dan Warrender, Abertay University, Linda Pert, Hampshire and Isle of Wight NHS Foundation Trust,</i> <i>Hollie Berrigan, Beam Consultancy, Marilyn Ruttley, Expert by Experience, Ellie Wildbore, Expert by Experience.</i>

15:40 - 17:10	Mortimer & Beaufort Chaired by: Carine Lewis	Parallel 2: Evaluating Psychological Support for people on the Offender Personality Disorder Pathway in Open Prisons using Propensity Score Matching and Survival Analysis <i>Georgina Mathlin, Queen Mary University of London.</i> <i>What is success? A Participatory Action Research study defining success in a prison-based OPD service</i> <i>Polett Bali, University of Liverpool; Simon Crowther, Mersey Care NHS Foundation Trust.</i> Exploring Prison Responses for Men with Complex Emotional Needs outside of the OPD Pathway <i>Katie Saunders, Delyth Wyndham, Sue Wheatcroft, Jamie Roberts, Keele University.</i>
15:40 - 17:10	Neville Chaired by: Jorge Zimbron	Parallel 3: Workshops Challenges and barriers to genuine coproduction and what can we do about them? <i>Mary Ryan, National Collaborating Centre for Mental Health.</i> Epistemic Injustice and Coproduction <i>Eleanor Wilkinson, Expert by Experience.</i>
15:40 - 17:10	Hamilton (Max 30) Chaired by: Tamar Jeynes	Parallel 4: Workshop Inside <i>Troubled</i>: Art, Lived Experience, and the Creative wellbeing toolkit taster <i>Suzy Crothers and Annie Sutton.</i> <i>Step into a reflective, transformative space that bridges the gap between clinical practice and creative wellbeing. Delivered by a trauma-informed director and an artist with lived experience of BPD, this interactive workshop uses excerpts from the Edinburgh Fringe award nominated show Troubled to explore personal coping strategies for BPD, anxiety, and depression. Why attend? Clinicians and individuals with lived experience alike will gain a practical, hands-on "Creative wellbeing Toolkit." Through guided free-writing, gentle somatic movement, and grounding meditation, you will discover how creative processes can deeply support emotional expression, self-care, and the mind-body connection.</i>
19:30 - 21:30	Bar & Lounge Area, Grand Hotel	Networking Event: Drinks Reception, Buffet Dinner and Entertainment

WEDNESDAY JUNE 17TH

TIME	LOCATION	SESSION
9:00 - 9:30	Queens Suite/ Trafalgar Suite	Tea and Coffee with Exhibition and Poster viewing
9:30 - 10:20	Royal Suite Chaired by: Jorge Zimbron	Plenary Speaker: Raf Hamaizia, Expert by Experience Lead, Head of Co-Production and Recovery Innovation, Cygnet. Presentation Title: Lived Experience and Co-production: A bridge of mutual understanding. Includes 10 mins Q&A.
10:20 - 10:45	Queens Suite/ Trafalgar Suite	Tea and Coffee with Exhibition and Poster viewing
10:45 - 12:15	Royal Suite Chaired by: Julia Blazdell	Parallel 5 Trauma-Informed Pathway for Complex Emotional Needs in Crisis Services. <i>Samuel Wilson, Homerton Psychological Medicine, East London Foundation Trust.</i> Crisis care for people given a diagnosis of ‘personality disorder’: a study of crisis service pathways and outcomes in two electronic health record datasets <i>Lucy Maconick, University College London and North London NHS Foundation Trust.</i> Eight years detained, one year independent: when inpatient care becomes the risk <i>Keir Harding and Hollie Berrigan, Beam Consultancy.</i>
10:45 - 12:15	Mortimer & Beaufort Chaired by: Emma Jones	Parallel 6 Relational practice within a probation partnership: operationalising curiosity for risk management <i>Kay Radcliffe, Claire Cooper, John Atkinson, Leeds & York Partnership NHS Foundation Trust.</i> Supporting a mentalising culture to overcome barriers to relational practice <i>Kay Radcliffe, Claire Cooper, John Atkinson, Leeds & York Partnership NHS Foundation Trust.</i> Evaluating hope, functional living skills and psychological well-being amongst IIRMS service participants. <i>Attilio Colosi, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust; Daniel Pugh, OPD Evidence Team, HMPPS.</i>

10:45 - 12:15	Neville Chaired by: Jane Cannon	Parallel 7 From Risk to Recovery through a Livesley Lens <i>Gareth Garrett, Suzie Hall and William Roberts, Nottinghamshire Healthcare NHS Trust.</i> From childhood adversity to adult mental health: does the Vulnerable Child Schema mode explain this link, and can the Healthy Adult mode buffer its impact? <i>Leah Watson, Royal Holloway, University of London.</i> Can art facilitate epistemic trust in Mentalization Based Therapy? <i>Oliver Campbell and Jane Wackett, Central North West London NHS Foundation Trust.</i>
10:45 - 12:15	Hamilton Chaired by: Nuala Cassidy	Parallel 8: Workshop When Safe Practice Creates New Risk: Restriction, Blame and Clinical Outcomes <i>Dan Warrander, Abertay University; Hollie Berrigan and Keir Harding, Beam Consultancy; Jorge Zimbron, Cambridgeshire and Peterborough NHS Foundation Trust; David Kingsley, Care in Mind.</i>
12:15 - 13:30	Queens Suite/ Trafalgar Suite	Lunch with Exhibition and Poster viewing
13:30 - 15:00	Royal Suite Chaired by: David Kingsley	Parallel 9 Co-producing Service Improvement in CNWL's Complex Emotional Needs (CEN) Pathway <i>Abigail Johnson, Tania Towns and Experts by Experience, Central And North West London NHS Foundation Trust.</i> Living with borderline personality disorder (BPD) symptoms: a qualitative evidence synthesis of lived experiences. <i>Scott Weich and Sally Ohlsen, University of Sheffield.</i> The impact of age and prior detention under the Mental Health Act on incident rates in a specialist personality disorder unit: a 10-year retrospective study <i>Jorge Zimbron and Duncan Lewis, Cambridgeshire and Peterborough NHS Foundation Trust.</i>

13:30 - 15:00	Mortimer & Beaufort Chaired by: Lisle Scott	Parallel 10 Animations and Embodied Trauma in a Women's Prison <i>Anna Motz, Lizzie Bitzan, Tony Gammidge, EOS, HMP Bronzefield.</i> Expanding the OPTIONS OPD Service Treatment Programme at HMP Downview to Better Address the Diverse and Complex Needs of Women in Prison <i>Sarah Linturn, Sarah Wilkins, Priscilla Kennedy, Options OPD Service, HMP Downview.</i> Overcoming Barriers: An Operational and Clinical Partnership Approach to Staff Reflective Practice within a Women's Prison Setting <i>Michelle O'Sullivan, Emma Berry, Pauline Painter, Emily Bunje, EOS, HMP Bronzefield.</i>
13:30 - 15:00	Neville Chaired by: Marie Duffy	Parallel 11: Workshops <i>Fractured Identities, Shared Realities: Trauma, Neurodivergence and Power in Mental Health Research and Care</i> <i>Victoria Nunn.</i> Risky or healing? Humour, humanity and connection: An interactive reflective session <i>Emma Jones, University of Lancashire; Dan Warrender, Abertay University; Keir Harding and Hollie Berrigan, Beam Consultancy.</i>
13:30 - 15:00	Hamilton (Max 40) Chaired by: Carine Lewis	Parallel 12: Workshop If anyone can do it, then why can't we? Putting the relational into learning about personality disorders <i>Vicky Baldwin and Julia Blazdell.</i>
15:00 - 15:30	Queens Suite/ Trafalgar Suite	Tea and Coffee with Exhibition and Poster viewing
15:30 - 16:20	Royal Suite Chaired by: Julia Blazdell	Plenary Speakers: Dr Rachel Gibbons, Consultant Psychiatrist, Psychoanalyst, Group Analyst. Dr Mary Ryan, Mental Health Researcher, National Advisor with the National Collaborating Centre for Mental Health. Presentation Title: The Clinician Patient Relationship: Helpful Illusion or Unhelpful Delusion. Includes 10 mins Q&A.

16:20 – 17:00	Royal Suite Chaired by: Carine Lewis	Plenary Speaker: Prof Alison Liebling, University Professor of Criminology and Criminal Justice, University of Cambridge. Joined for Q&A session by Ms Judith Ann Gardom, PhD researcher, Institute of Criminology, University of Cambridge. Presentation Title: A Chance to Change and Grow? ‘Deserts’ and ‘Oases’ in services for Offenders with Complex Emotional Needs. Includes 10 mins Q&A. Poster presentation on Shared Reading and HOOT evaluation available in the poster exhibition room.
17:00 – 17:15	Royal Suite	Close of Day Conference Information by BIGSPD Co-Presidents
19:00 - 00:00	Viva Blackpool	Dinner Event: Drinks Reception, Dinner and Entertainment

THURSDAY JUNE 18TH

TIME	LOCATION	SESSION
9:00 - 9:30	Queens Suite	Tea and Coffee with Exhibition
9:30 - 10:10	Royal Suite Chaired by: Keir Harding	Plenary Speaker: Prof Peter Coventry, Professor of Health, Environment, and Society, Manchester Metropolitan University. Presentation Title: Nature-based Interventions, Mental Health and Complex Need: Extending the Evidence to Personality Disorder? Includes 10 mins Q&A.
10:10 - 10:40	Queens Suite	Comfort Break
10:40 - 12:10	Royal Suite Chaired by: David Kingsley	Parallel 13 What’s in a name? Personality disorder, self-stigma, and associated factors <i>Ruksana Begum-Meades, Imperial College London.</i> From Diagnosis to Relationship: Lived Experience, Relational Survival and the Making of Therapeutic Communities <i>Neelam (Neels) Khawani-Connett.</i> The ‘imposter’ in the room: creative solutions for unaffiliated lived-experience researchers <i>Marilyn Ruttley, Ciara Murphy, Natasha Williams, Ellie Wildbore, Experts by experience.</i>

10:40 - 12:10	Mortimer & Beaufort	Parallel 14 Chaired by: Tamar Jeynes More Than a 'Right Move': Women's Transitions Into, Within and Out of PIPE <i>Nikki Collins and Kristy Kimber, Central and North West London NHS Foundation Trust.</i> 20 years of the Relational Approach in a Prison-Based Female OPD Service <i>Alison Hodgson, Rachel Earnshaw, Charlotte French, Primrose - Tees, Esk and Wear Valleys NHS Foundation Trust.</i> Responding to complexity over time in a female, prison-based OPD service: evaluation and evolving responses <i>Alison Hodgson, Rachel Earnshaw, Charlotte French, Primrose - Tees, Esk and Wear Valleys NHS Foundation Trust.</i>
10:40 - 12:10	Neville	Parallel 15 Chaired by: Jane Cannon Experiences of families supporting those with complex emotional needs: A co-produced service evaluation <i>Jo Greenwood, Sarah Lemon, Laura Price, Rosie Clements, Gloucestershire Complex Emotional Needs Service. Martin and Jim, Family Representatives.</i> Evaluating the Impact of Brief Training on General Practitioners' Attitudes, Understanding, Capability and Emotional Responses to Patients with Complex Emotional Needs/Personality Disorder <i>Grace Wood, Centre for Understanding Personality, East London NHS Foundation Trust.</i> Borderline Doctor: Is it possible to study medicine with a diagnosis of personality disorder <i>Erin McCabe.</i>
10:40 - 12:10	Hamilton (Max 40)	Parallel 16: Workshop Chaired by: Lisle Scott From Principles to Practice: The application of cultural curiosity within culturally responsive approaches when supporting the service users with personality difficulty or disorder from the global majority. <i>Chloe Piper, Shamoly Begum, Miriam Anya, James Bigson, Shanya Levene, Together Wellbeing Pathway team with Together for Mental Wellbeing.</i>
12:10 - 12:45	Royal Suite	Closing Remarks by BIGSPD Co-Presidents
12:45 - 13:30	Queens Suite	Lunch with Exhibition