

THE ROLE OF
ADVANCED LIVED
EXPERIENCE
PRACTITIONERS IN
DELIVERING THE
COMPLEX EMOTIONAL
NEEDS PATHWAY IN
BRENT

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BRENT

- I was the late comer to the CEN ALXP team, arriving in Brent in February 2022
- Brent is a large London Borough in North West London
- One of the most diverse areas in Europe
- High levels of deprivation – particularly hard hit during the pandemic
- Brent mental health services are made up of 3 large, busy teams
- Geographically widely spread with sites in Kingsbury, Willesden Green and Harlesden

ON THE GROUND IN BRENT

MDT/Pathway

3 x MDT
weekly CEN
pathway
meetings

Clinical

1:1
LI groups
SPS trial
DBT
Joint work

Consultations

1:1s with staff
Professional
s meetings
Projects: QI,
Crisis House

Supervision

Weekly
groups inc.
MHWP's
With CEN
clinical and
LE lead

Reflective practice

Pressing
Pause trust
wide project

LXP w-force

CEN
reflective
practice
Central team
meetings
and projects

Recruitment

Co-produce
job spec and
interview
questions
and panel

Training

IAPT
LD Team
CMHT
Presentation
s



ESSENTIAL INGREDIENTS

- Know the model and *keep keeping* it in mind
- 'CEN' is everyone's business
- Our role is to facilitate conversations and thinking that will challenge pre-existing culture - supporting change
- Clinicians – don't frame challenges as our 'pathology'
- Whole heartedness, commitment and tenacity



FINALLY

- What will you take back to your work place or team?
- Who will your first conversation be with?
- You are welcome to email:

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