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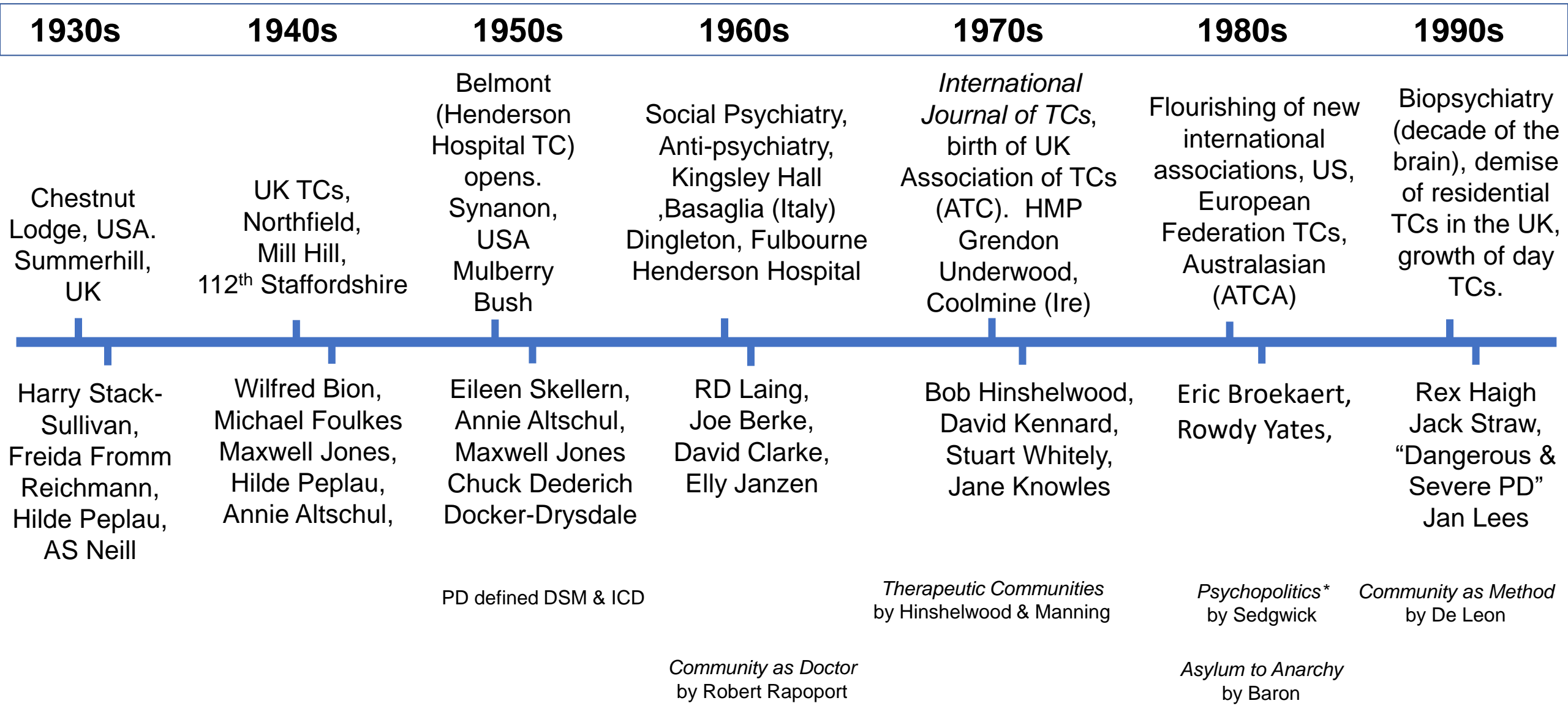
British & Irish Group for the
Study of Personality Disorder

Where have all the
Therapeutic
Communities
gone?



@GaryWinship



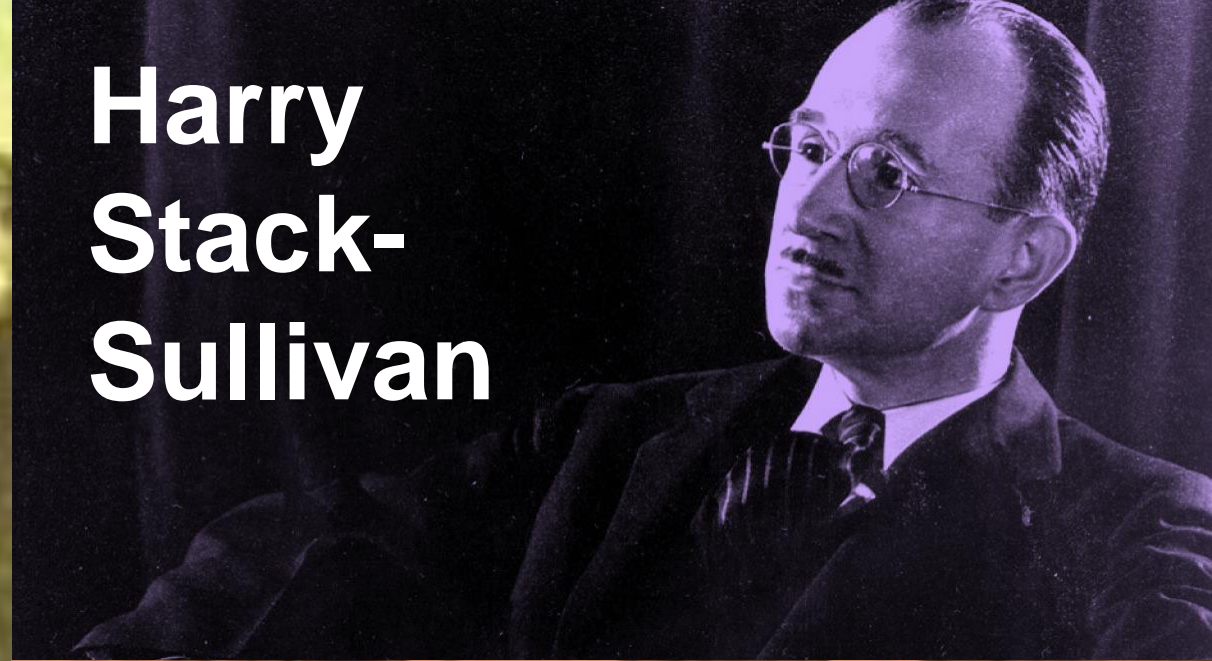


Chestnut Lodge, USA

Circa, 1930

**“Probably the first
therapeutic community
experiment” (Clark,
1964)**

**Harry
Stack-
Sullivan**

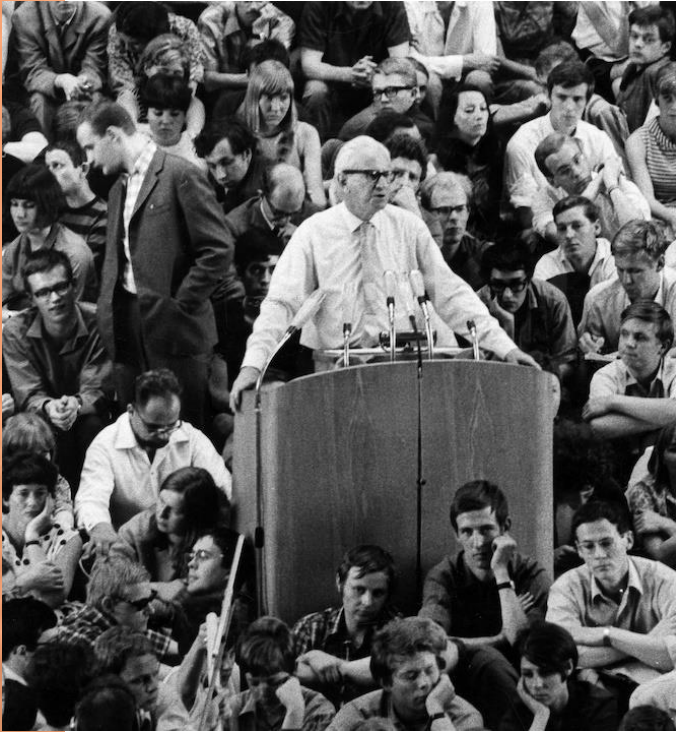


**Frieda
Fromm-
Reichman**





Karl Mannheim



Herbert Marcuse



Eric Fromm



Winship, G. (2003) Karl Mannheim and the 'third way': the democratic origins of the term 'group analysis'. *Group Analysis*, 36, 1, 37-51.

Winship, G. (2013) Marcuse, Fromm & the Frankfurt School – reflecting on the history of ideas in therapeutic communities. *International Journal of Therapeutic Communities*, 34, 2/3: 60-70.

1930



Hildegard Peplau

—

‘Psychiatric Nurse of the Century’

1990



3 June 98 wed

Dear Gary Kinship,

with apologies for this writing paper but it's easier to use with a clipboard.

First about Frieda Fromm-Reichman. She was the ex-wife of Erich Fromm - with whom I studied at Bennington College in 1930's. Frieda was at Chestnut Lodge - then (1930's) considered the premier psychoanalytic in-patient treatment center. Frieda was considered an avant-garde humanistic therapist. But, as I know, she wasn't perfect. As you probably know, "the devil is in the details", Schizophrenics, with whom Frieda worked, are very sensitive, highly perceptive and forever observant for the smallest of cues that others don't have their best interests at heart. One time, Frieda stopped me, in front of the iron gates of a room of one of her patients to say that our Wednesday lunch that week had to be changed to Thursday. The patient heard this - then lured naive me (my 1935 first in-patient work) on "disturbed" ward of Chestnut Lodge, into her room to show me something. Trusting soul, that I then was, I went in - and soon got out in a hurry as I noted the patient tried to corner and harm me. Live and learn! I did. The patient was jealous about Frieda's comment. And Frieda was oblivious to her actions. Another patient - 16-17yr old boy - was one I took out for walks - then once, with Frieda's permission for a drive in my car. Several times as I was driving he tried to kiss me on the mouth - then, later told me Frieda urged him to do that and he never before kissed a girl. No more car rides!

Anyway Chestnut Lodge was a very "lo"

Hildegard Peplau

**312th Military
Hospital
(Staffordshire)**

1943-1944



1941-1944 Military Hospitals

War Psychiatry: sodium amytol, deep insulin therapy, continuous narcosis, ECT

Shell Shock: 10 per cent diagnosed with Anti-Social PD, “steady trickle of suicides”, civy street, long term unemployment, social disablement (Aubrey Lewis)

Northfield (Birmingham),



Wilfred R
Bion

&

Michael
Foulkes

Mill Hill (London)



Maxwell
Jones

&

Annie
Altschul

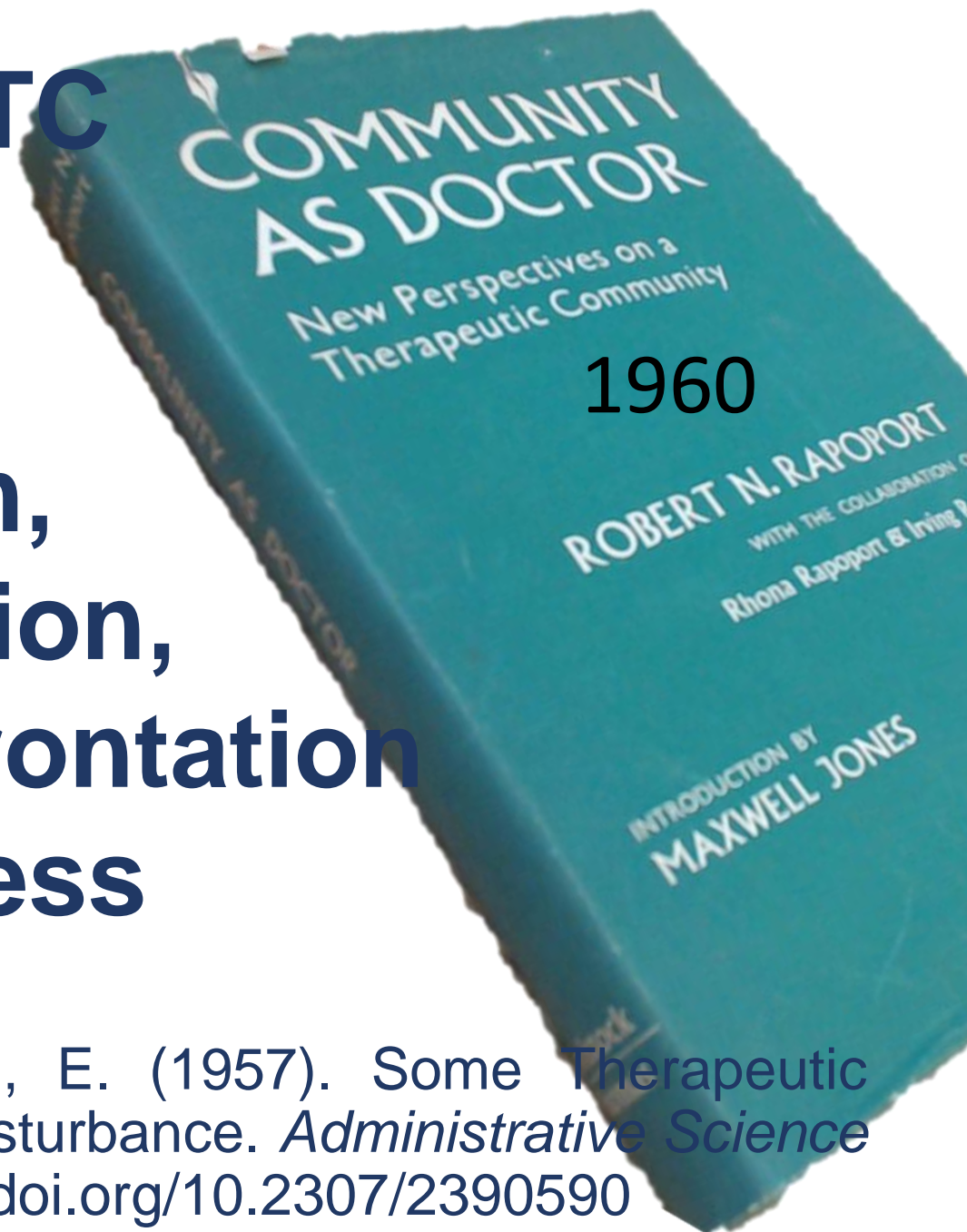


Eileen Skellern receiving
her MBE, 1980

4 principles of TC Practice,

- i) Communalism,
- ii) Democratisation,
- iii) Reality Confrontation
- iv) Permissiveness

Rapoport, R. N., & Skellern, E. (1957). Some Therapeutic Functions of Administrative Disturbance. *Administrative Science Quarterly*, 2, 1, 82–96. <https://doi.org/10.2307/2390590>



1960

THE STORY OF R.D. LAING AND KINGSLEY HALL

see also, www.jhberke.com

DAVID TENNANT ELISABETH MOSS MICHAEL GAMBON AND GABRIEL BYRNE

MAD TO BE NORMAL



SO WHY EVEN TRY?



1960s

DIALECTICS OF LIBERATION

1968. Highlighted, Herbert Marcuse, RD Laing, Joe Berke



Arbours Crisis Centre – North London



MARY BARNES

Two Accounts of a Journey
Through Madness

Mary Barnes & Joseph Berke



RICHMOND FELLOWSHIP

MAKING RECOVERY REALITY



SAVE THE
DATE

Weds 6th Sept



The First Elly Jansen Award Conference

The award winners will be
presenting original articles and research
on therapeutic communities
and relational practice

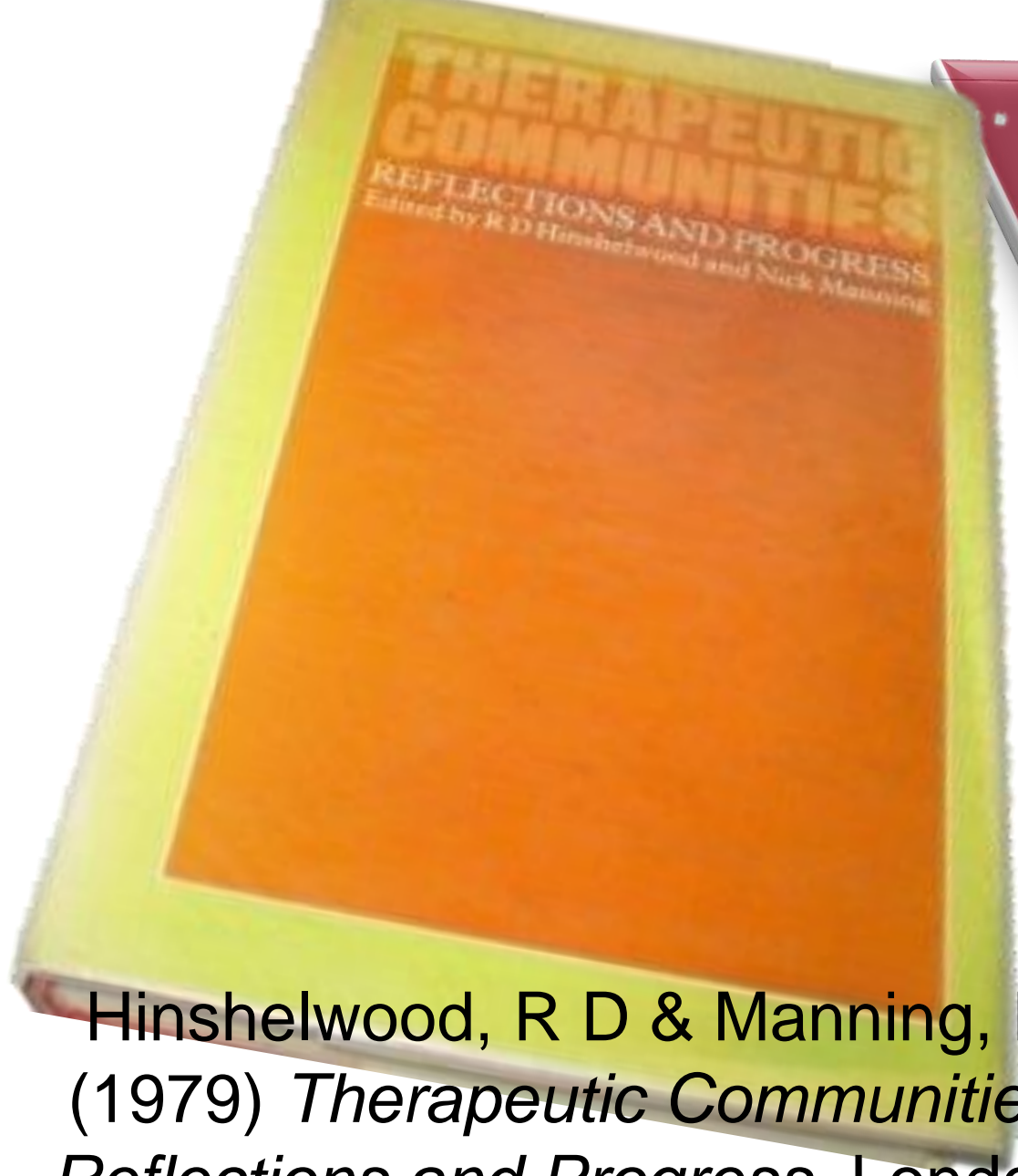
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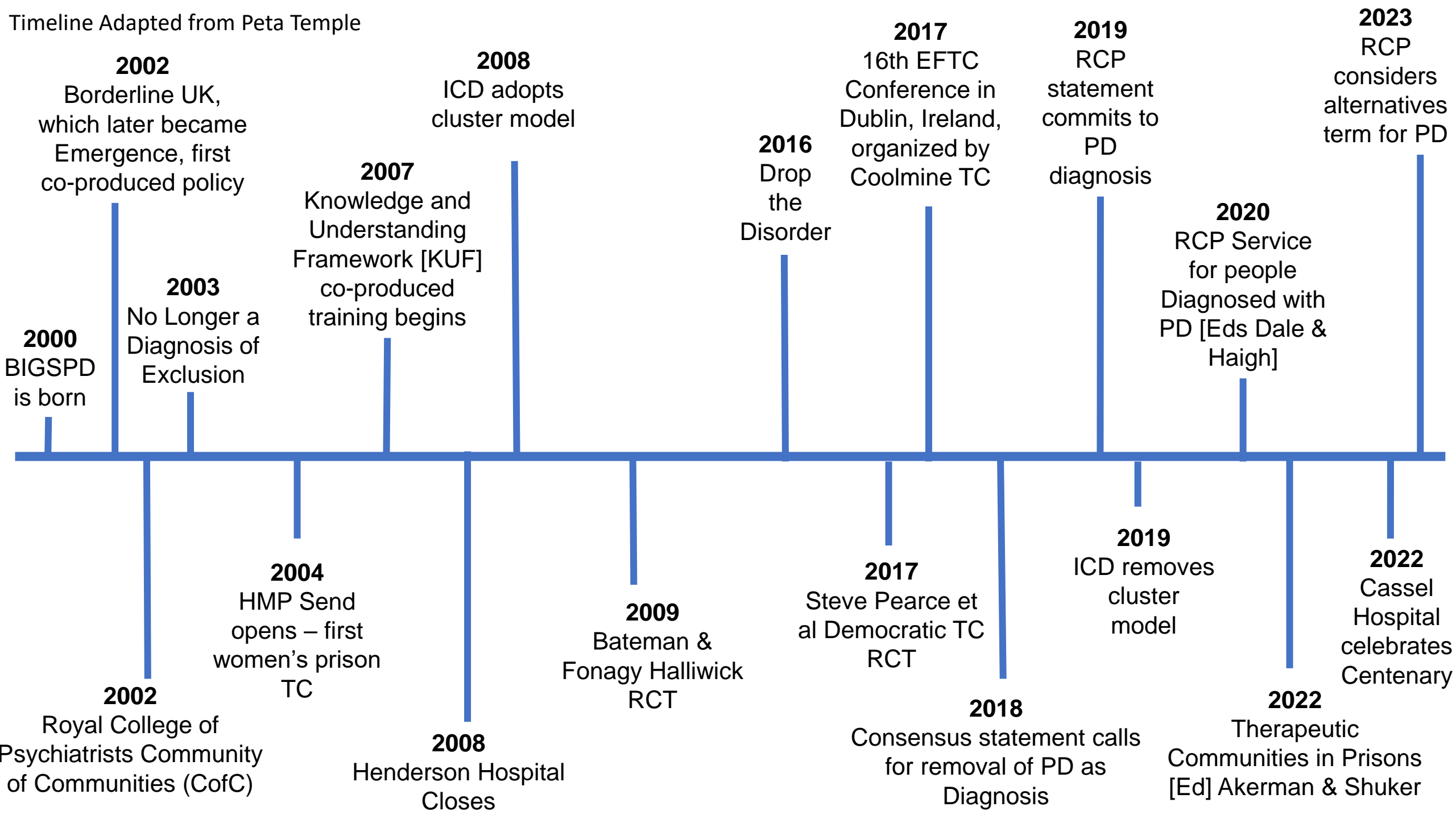


Hinshelwood, R D & Manning, N
(1979) *Therapeutic Communities,
Reflections and Progress*. London.
Routledge



(1979) *International Journal of
Therapeutic Communities*

Timeline Adapted from Peta Temple



Personality disorder: No longer a diagnosis of exclusion

Policy implementation guidance for the development of
services for people with personality disorder

2003



Est. 2007

Issue 8, April 2023

KUF HUB NEWS



KUF training

knowledge & understanding framework

“My own involvement in co-production goes back further. In 1989, I became Clinical Director of Henderson Hospital, which was run as a Democratic Therapeutic Community. Its year long, residential programme was, in essence, an exercise in co-production. All psychotherapy was group-based and there was no prescribed psychotropic medication... [‘residents’] were delegated much of the power and authority traditionally invested in the medical, nursing, and other work-qualified staff. This included responsibility for many of the hospital’s ‘hotel’ functions shopping, cooking, cleaning, and gardening... the hierarchy between staff and residents was flattened”. (Kingsley Norton, 2023).



Bateman, A & Fonagy, P (2001) Treatment of borderline personality disorder with psychoanalytically orientated partial hospitalisation: An 18 month follow-up. *American Journal of Psychiatry*, 158: 36-42.

Pearce, S., et al (2017) Democratic Therapeutic Community Treatment for personality disorder: randomised controlled trial. *British Journal of Psychiatry*, 210, 2, 149-156.

Winship, G. (2004) Democracy in practice in 14 UK psychotherapeutic communities. *Therapeutic Communities*, 25, 4, 275-290



C of C
THE COMMUNITY
OF COMMUNITIES

Est. 2002



Accredited UK TCs

Adult democratic TCs - 15

Children and YP TCs - 28

HMP TCs - 14

Addiction TCs - 4

Childcare TCs - 5



Photos circa 1962

Tom Main

2022 Cassel Hospital Centenary



Malcolm Pines

Eileen Skellern

Federation of Latin Therapeutic Communities. Est. 2000



TCs in 19 countries

World Federation of TCs.
Est. 1990



650 substance abuse programs North America.

European Federation of Therapeutic Communities (EFTC) Est. 1980



40 organisations, 25 countries, Mainly treating addiction.

The Consortium of Therapeutic Communities UK. Est. 1970



150 organisations adult MH, Psychosis, Schools, Secure

Australasian Therapeutic Communities Association Est. 1990



45 Member organisations treating a range of mental health problems

International Network of Democratic TCs. Est. 2015



10+ member organisations



CONCLUDING REMARKS

RESCUING DEMOCRACY

Winship, G (2008) Taking anarchy seriously: the fourth strain of organisational, psychic & therapeutic progress. *Therapeutic communities*, 29, 4: 381-392

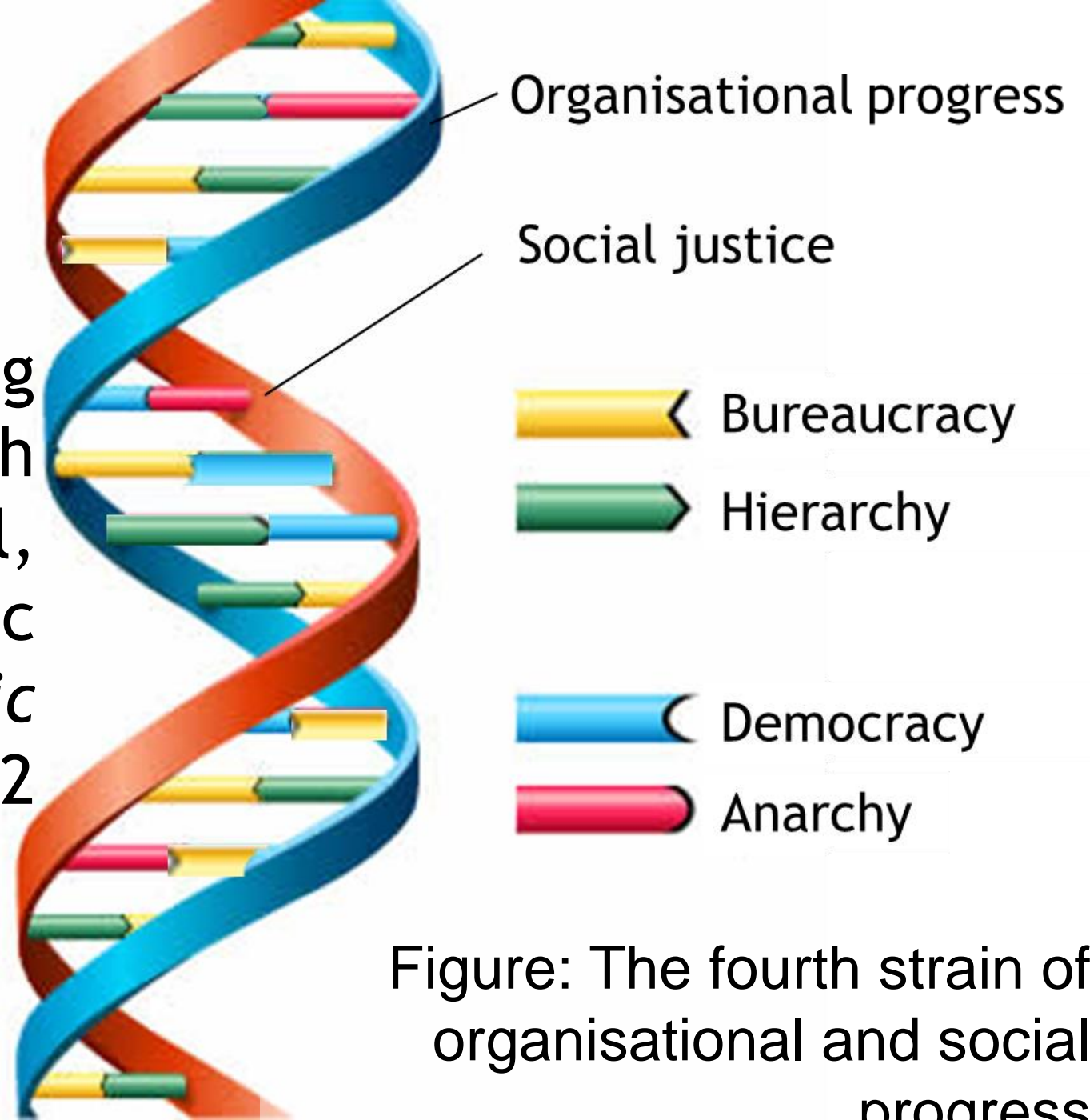


Figure: The fourth strain of organisational and social progress



~~“Democracy makes
better people” –
Jurgen Habermas~~

**Democracy
makes people
feel better**



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@GaryWinship

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the institute of
mental health
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