



***BIGSPD Annual Conference***  
***Tuesday 13th – Thursday 15th June 2023***

**Abstract & Programme book**

***Radisson Blu***

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## Opening Address & Welcome by BIGSPD Presidents



**Dr Oliver Dale** - *Consultant Psychiatrist and Jungian Analyst. Clinical Lead Community Transformation, Sussex Partnership NHS Foundation Trust.*



**Dr Julia Blazdell** - *Lived Experience Consultant and Trainer.*

## Plenary Speakers



**Ms Maree Todd MSP, Minister for Mental Health and Wellbeing, Scottish Government.** Maree Todd grew up in the West Highlands, attending Ullapool High School and then studying pharmacy and prescribing at Robert Gordon's and Strathclyde, as well as taking an ante-natal teaching diploma at the University of Bedfordshire. A pharmacist by profession, Maree Todd worked in NHS Highland for 20 years, mainly as a mental health pharmacist in a psychiatric hospital. She also contributed to SIGN guidance on perinatal mental health. She was previously the Minister for Children and Young People.

### **“Scotland’s Personality Disorder Improvement Programme”**

Maree Todd, Minister for Mental Wellbeing, Sport and Social Care, will open the conference, setting the scene around the current mental health policy landscape in Scotland and more specifically, in relation to personality disorder. The Minister will speak about her reflections of the first few months in her role and the priority currently being placed on mental health and wellbeing within the Scottish Government. She will introduce the upcoming new Mental Health and Wellbeing Strategy. Ms Todd will explain why this Strategy is undergoing a refresh and its broadened scope, which looks to take into account all factors which influence someone’s mental health. She will speak about the aims and objectives it hopes to achieve in meeting changing mental health needs of the Scottish population over the coming years, ranging from prevention, tackling stigma, early intervention and the provision of treatment and support. She will speak about the importance of supporting people with a diagnosis of personality disorder, what a well-functioning system should look like and what steps are being taken in order to achieve this. The Minister will reflect on the aims and findings of Phase 1 of the Scottish Personality Improvement Programme, led by Healthcare Improvement Scotland, which has recently concluded.



**Dr Satbinder Kaur Bhogal, Clinical Psychologist.** Dr Kaur Bhogal has worked for over 20 years within the field of Mental Health in various organisations. She has led services to support children and adults experiencing complex emotional, social, and interpersonal difficulties, often referred to as 'Personality Disorder.' Satbinder has a keen interest in Attachment Trauma across the lifespan and provides therapy to support individuals to develop a better understanding of their needs and difficulties. Her areas of interest and expertise are with working with those who have who experienced trauma (including racial trauma) in their lives.

From a Punjabi Sikh background and being a Clinical Psychologist led Satbinder to develop an interest in working with minoritised and marginalised communities. This then led her complete her Doctoral research looking into the experiences of Black and South Asian users and their experiences of diagnosis and access to care in Mental Health Services. Working in inner city Birmingham which is full of cultural and racial diversity, Satbinder has a passion for ensuring equity in care for those that are marginalised, which includes access to care, issues around diagnosis, racism, intersectionality and health inequalities.

***"The Importance of Exploring Intersectionality in Addressing Harm in Services"***

My experiences of working in services for those with a diagnosis of 'personality disorder' in Birmingham have led me to explore why we have over (e.g. white women) and under (e.g. Black women) represented groups in services. While we understand access to services being difficult, the issues on the diagnosis of 'personality disorder' and how the diagnosis in itself is rooted in biases, I will look to examine why holding an intersectional lens in our work, is so important in mental health services. Needed so that we can start to address the above issues, but also to ensure equity of care in access, support and treatment for those from marginalised groups.

Little attention is paid to intersectionality, that if left unexplored in-service use can lead to systemic harm, abuse and neglect in services. This is important because we know the diagnosis does harm and can further compound difficulties in those from marginalised groups. The term "intersectionality" was first coined by Kimberlé Crenshaw in 1989. Intersectionality encompasses the idea that we have more than one identity with a combination of various identity markers such as race, gender, religion, sexuality, etc. These identity markers intersect with one another and shape our experience. This relates to mental health because our mental health does not exist separately from identity markers. Our mental health can be impacted by race, gender, sexuality, age, religion, and much more. There may also be unique life stressors that accompany these identity markers. For these reasons understanding people, being more than just a diagnosis is central to our work in providing compassionate care, as it affects recovery. However, it is important to understand that our individual identities are not the issue, the problem lies within our systems that can harm, abuse and neglect our users and at times lead to death.

I hope to raise awareness into why we need to talk about Intersectionality more in services and I will be drawing on my own intersectional lens and my experiences of leading services with diverse staff groups, whilst also bringing in the experiences of marginalised voices where systemic harm, abuse and neglect has been evident, further compounding the experiences for those that we care for. Please note that only themes will be shared and no identifiable material from any one individual will be shared.



**Professor Giles Newton-Howes, Professor & Consultant Psychiatrist, University of Otago.** A consultant psychiatrist and academic who works in Wellington New Zealand. After completing degrees in classical studies and chemistry he went on to finish medical school at Otago University and then psychiatric training at Imperial College in London. Family drew him back to New Zealand and he has worked and lived there since then. He currently works for Ngā Tai Oranga, the translation of which is the healing tides. They support people with a lived experience of complex psychopathology that has traditionally been conceptualized as personality disorder. He has been the psychiatrist in this team for over a decade, working with patients, families, mental health teams and the wider medical system. Professionally he is a doctor first, and researcher second. Academically he has an interest in how personality shapes psychopathology and how personality disorder is used in clinical practice. He also has interests in personhood, capacity and medical decision making and is an affiliate of the Bioethics Centre at the University of Otago. Outside of medicine he is a father, enjoys playing bridge, trail running and is training for a black belt in Tae Kwon-do.

***“Is the Label Too Taxing? Where to for the Diagnosis of Personality Disorder”***

In this talk I will consider the diagnosis of personality disorder, where it has come from, the taxonomy within which it is based and the possible global direction it is heading. Considerations of the intersection of psychology and psychiatry help us to understand where and how the term ‘personality disorder’ developed. Psychology lay the scientific foundation for the understanding of personality and the analytic tradition superimposed personality disorder onto this. Pragmatic reasoning led to the growth of the term and its global understanding as ‘no longer a diagnosis of exclusion’. Despite this the term is not widely used in national data collection, albeit doing so may provide for increased resources and support. Over the last two decades various models have been developed to better understand psychopathology generally and the HiTOP model holds clinical promise in reconceptualising psychiatric diagnosis, including personality diagnoses. I will conclude by considering current use and how in combination with developments in psychiatric taxonomy the term ‘personality disorder’ may develop over the next two decades.



**Professor Sabine C. Herpertz, Medical Director, Dept. of General Psychiatry, Heidelberg University.** A Professor of Psychiatry and Psychotherapy and Director of the Department of General Psychiatry at the University of Heidelberg, Germany since 2009. She is specialist in psychiatry, neurology, and psychotherapy. She has been President of the International Society for the Studies of Personality Disorders (ISSPD) 2015-2017 and President of the German Society for Biological Psychiatry (DGBP) 2014-2018. As co-speaker of the DFG clinical research group CRC-256 “Mechanisms of Disturbed Emotion Processing in Borderline Personality Disorder” (2012-2018) she has coordinated and performed experimental neurobiological research in BPD targeting brain mechanisms underlying reactive aggression. Her key aspects of research activities are personality disorders, borderline personality disorder in particular, and early stress related mental disorders. Her research group focuses on impairments of emotion regulation, behavioural control, and social cognition using fMRI, EEG, and psychoendocrinology in addition to neuropsychology and experimental psychopathology. By identifying biobehavioural mechanisms underlying personality dysfunction her research group develops mechanism based psychotherapeutic and biological treatment options which they test in clinical trials. Furthermore, she strives to support individuals with personality disorders in parental care responsibilities to interrupt the intergenerational transmission of personality dysfunction within families.

***“Brain Mechanisms Underlying Social Dysfunction in Borderline Personality Disorder and other Trauma-Associated Mental Disorders”***

Individuals meeting the diagnostic criteria of Borderline Personality Disorder (BPD) are characterized by rapidly changing affects of sadness, desperation and anger, they tend to feel rejected by others and to engage in frequent interpersonal conflicts. Threat hypersensitivity as well as the difficulty to regulate one's own affects constitute core features of BPD that strongly contribute to interpersonal difficulties, such as sudden ruptures of intimate relationships or reactive aggression to more or less familiar others. There is an ongoing discussion whether these impairments are specific to BPD or may reflect shared mechanisms across mental disorders that occur as sequelae of adverse childhood experiences. A better understanding of these mechanisms holds the promise to support the improvement and new development of psychotherapeutic modules for BPD and probably other trauma-related disorders.



**Dr Gary Winship, Associate Professor, University of Nottingham.** A mental health Nurse and UKCP registered psychotherapist. Bethlem & Maudsley (SLAM), 16 years Berkshire NHS Trust for 10 years, consultant psychotherapist at Broadmoor (2000-2001). From 2014-2019 p/t consultant psychotherapist at HMP Dovegate, a prison TC serving 250 residents. Currently, visiting Professor Moscow Institute of Psychoanalysis, Russian State University for Humanities. PhD looked at the potential and limits of democracy in MH practice. Held academics positions in 7 different universities, since 2006 at the University of Nottingham. Currently course leader for the MA Trauma Informed Practice in the School of Education. Editor-in-Chief, British Journal of Psychotherapy, and Consulting Editor for the International Journal of Therapeutic Communities. Authored 118 publications (including 6 books). Part of working delegations to China including a team which reviewed the first China MH Act in 2012. In 2011 delivered a keynote address at XXII Symposium on Adolescent Mental Health, Ningbo, China. Facilitator of the service user focus groups (along with Nick Benefield and Rex Haigh) which was part of the 2004 guidance PD No Longer a Diagnosis of Exclusion. Currently engaged as lead or co-investigator in a wide range of research projects, including the RECOLLECT study looking at Recovery Colleges, an intervention programme in collaboration with Notts Fire and Rescue Services working with persistent fire setters, ESRC policy review of fire prevention education across the Midlands, Institute of Mental Health funded network for Trauma informed acute services.

***“What’s Wrong with Democracy? Where have All of the Therapeutic Communities Gone?”***

Therapeutic Communities have been well-tested as a complex intervention for PD, and while TCs are flourishing in some areas of practice in the UK, eg working with young people and in prisons, in NHS adult MH services, they are increasingly spare in their provision. Yet elsewhere in the world TCs are growing in number, supporting people who present with PD, psychosis and substance misuse. This presentation will focus on the development on TCs in Russia (including evidence presented to the Russia Civic Council in 2019), and also work that is happening across Europe, South America and Australia.

Is it timely to re-state the case for TCs? As a resource efficient, approach to working with complex trauma and PD one might think so, and we will outline some of the current developments in the UK where TC practices have been sustained. Looking over the last 20 years, since the publication of Personality Disorder – No Longer a Diagnosis of Exclusion there has been progress, but now the current challenge of social deprivation, poverty and dwindling resources mean we need to build stronger communitarian democratic facing solutions, that can mobilise practice and also political lobby (much in the way that TCs in Italy leverage resources through the advocacy of human rights law). In doing so, we need to extend our understanding of the way in which therapeutic democracy can be applied in practice, and develop a theoretical understanding of the necessity of bureaucracy, hierarchy and anarchy. These domains of TC practice (democracy, hierarchy, bureaucracy and anarchy) will be set out with key objectives that amounts to a new model of TC activism. We will finish with key recommendations for practice, education and research.



**Professor Hel Spandler, Professor of Mental Health, University of Central Lancashire**

Hel Spandler is Professor of Mental Health at the University of Central Lancashire. They are the Managing Editor of *Asylum: the radical mental health magazine* and one of the editors of the new *International Journal of Mad Studies*. They are the author of several books in the field, including *Madness, Distress and the Politics of Disablement* (Policy Press, 2015); *Beyond Fear and Control: working with young people who self-harm* (PCCS Books, 2007); *Asylum to Action: Paddington Day Hospital, Therapeutic Communities and Beyond* (2006); and *Who's Hurting Who?* (42nd Street, 1996). Hel currently holds a Wellcome Trust Investigator Award to explore the role of radical mental health zines (MadZines) in crafting contention about madness, distress and psychosocial disability.

**“Mad Studies and the Struggle for Restorative Justice.”**

Many users and survivors of mental health services, especially those who end up with a ‘personality disorder’ diagnosis, have suffered profound abuse in their early lives, only to encounter more harm in mental health systems. Therefore, this talk will make a case for a restorative justice approach to mental health services which would understand and address these harms. To begin this process, it is necessary to create and nurture spaces where survivors can express their experiences and create their own understandings and knowledge. It is also necessary for these experiences to be shared, taken seriously and attended to. Therefore, I will outline some grassroots initiatives which are developing and circulating Mad-centred experiential knowledge in a variety of creative ways. For example, the *International Journal of Mad Studies*; *Madzines*; *Asylum Magazine*; and arts projects like *Hope in the HeART*. I will also highlight some of the challenges and tensions involved in the wider struggle for restorative justice.



**Dr Daniel Taggart, Senior Lecturer in Clinical Psychology, University of Essex** is a senior lecturer in clinical psychology at the University of Essex, and a chartered psychologist. Danny worked at the Independent Inquiry into Child Sexual Abuse from 2019-2022 where he was the principal psychologist and clinical lead for the Truth Project. Danny has worked as a clinical consultant and trainer for the Northern Irish Redress Board, the Scottish Redress Scheme, and the Jersey Care Inquiry Citizens Panel. His current research is focused on survivor participation in non-recent institutional abuse inquiries, the ways that childhood trauma impacts engagement with public services, and what value survivor testimony has in both facilitating recovery from trauma and creating change in institutional practices. Danny is a founder member of the 'Non recent child sexual abuse- Network for promoting change'; a group of survivors, clinicians, and academics who provide educational and training resources for practitioners, service leaders, and organisations.

**“Mental Health Provision for Adult Survivors in the Wake of the Independent Inquiry into Child Sexual Abuse (IICSA)- Lessons from the Truth Project.”**

The Truth Project was one arm of IICSA, running from 2016-2021. It offered all adult survivors of child sexual abuse (CSA) in England and Wales an opportunity to share their experiences with the Inquiry, discuss the impacts of sexual abuse on their lives, and make recommendations for change. Over 6,000 adults between the ages of 18 and 87 took part, making it the largest scale public participation in a UK inquiry. The Truth Project generated a wealth of testimony from CSA survivors about the long-term impacts that sexual abuse, the types of support that have been offered or denied, and what the secondary impacts of service responses to their abuse have been. Given that 90% of all Truth Project participants reported that their mental health was negatively impacted by the CSA, their testimonies have an important role in helping mental health services understand more about survivor needs.

	<p>While one of the notable features of Truth Project participants is their heterogeneity, clear themes emerge from the testimonies about service experience that can inform the development of treatment pathways. The importance of being believed, having their testimony taken seriously and validated was the most consistently cited reason for participating in the Truth Project, along with a sense of civic responsibility to protect future generations of children. While this need to be believed may appear axiomatic, the Truth Project reveals a strong thread of testimonial evidence that this is not how CSA survivors have been treated by public services, including in mental health. This paper will consider the lack of validation and belief CSA survivors report experiencing in mental health services in the context of the work of Hannah Arendt. Specifically, it will draw out Arendt's arguments in her book <i>The Human Condition</i>, that scientific technology functions to usurp human collective action and undermines ordinary story telling and sense making about people's lives. It will consider how the testimony provided by the Truth Project participants and the Inquiry's emphasis on believing them, can provide a framework for mental health services developing treatment pathways for CSA survivors, in order to promote the value of testimonial sharing as a valid form of healing from trauma.</p>
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## Speakers Day 1 - Tuesday 13<sup>th</sup> June 2023

<p><b>Megalithic Suite 1</b></p> <p><b>Chair Ms Jane Cannon</b></p>	<p><b><u>Parallel 1 Symposium NCCMH Conversation on Personality Disorder</u></b></p> <p><b>Symposium Title:</b> The Real PD - The Impact of Prejudice and Discrimination in Mental Health - Moving towards Open Hearted Clinical Healthcare.</p> <p><b>Speakers:</b> <b>Dr Mary Ryan, Mr Chris Young &amp; Dr Megan Watkins</b> National Collaborating Centre for Mental Health, <b>Dr Oliver Dale</b>, Sussex Partnership NHS Foundation Trust.</p>
<p><b>Megalithic Suite 2 Chairs</b></p> <p><b>Ms Deodata Monero</b></p> <p><b>Ms Mary O'Donnell</b></p> <p><b>Dr Philip Minoudis</b></p> <p><b>Mr Angus Cameron</b></p>	<p><b><u>Parallel 2 Symposium</u></b></p> <p><b>Symposium Title:</b> Diversity and Inclusion in the London OPD Pathway; Evaluations of Service Developments for User Involvement and Inclusion, Women, and Young People.</p> <p><b>Symposium Talk 1:</b> Women's Pathway. <b>Speakers:</b> <b>Dr Sharlene Akinyemi</b>, The Offender Personality Disorder Pathway. <b>Ms Siúán Póirtéir</b>, Women In Prison &amp; <b>Dr Lorna Fallon</b></p> <p><b>Symposium Talk 2:</b> User Involvement and Inclusion. <b>Speakers:</b> <b>Dr Kim Barker &amp; Mr Gavin Wilkinson</b>, East London NHS Foundation Trust.</p> <p><b>Symposium Talk 3:</b> Young People. <b>Speakers:</b> <b>Mr Claudio Vieira &amp; Ms Bardana Singh</b> East London NHS Foundation Trust.</p>
<p><b>Megalithic Suite 3</b></p> <p><b>Chair Dr Gary Lamph</b></p>	<p><b><u>Parallel 3 Oral Presentations</u></b></p> <p><b>Speakers:</b> <b>Mr Gordon Hay</b>, NHS Healthcare Improvement Scotland, <b>Ms Michele Veldman</b>, Clinical Lead for PDIP &amp; <b>Dr Andy Williams</b>, Clinical Lead for PDIP.</p> <p><b>Title:</b> Healthcare Improvement Scotland's Personality Disorder Improvement Programme (PDIP) - Phase One.</p> <p><b>Speakers:</b> <b>Mr Tim Agnew, Ms Lucy Macleay &amp; Ms Jamie Louise Malone</b>, Scottish Personality Disorder Network. <b>Title:</b> The Co-Production by the Scottish Personality Disorder Network of a Suite of Animated Films Relating to the Diagnosis of Personality Disorder.</p> <p><b>Speakers:</b> <b>Ms Hannah Kane, Ms Chloe Fraser, Ms Holly McCormack, Ms Laura Bridge &amp; Mrs Ruth Hart</b> - Scottish Recovery Network. <b>Title:</b> With Us, For Us.</p>



## Speakers Day 2 - Wednesday 14<sup>th</sup> June 2023

<p><b>Megalithic Suite 1</b></p> <p><b>Chair Ms Fiona Kuhn-Thompson</b></p>	<p><b><u>Parallel 4 Oral Presentations</u></b></p> <p><b>Speakers: Ms Monique Keane</b>, University of Cambridge &amp; <b>Dr Jorge Zimbron</b> - Cambridge &amp; Peterborough NHS Foundation Trust.</p> <p><b>Title:</b> Review of Legal Outcomes for Healthcare Professionals Involving Completed Suicide of Adults with Personality Disorder.</p> <p><b>Speakers: Mr Michael Haslam</b>, University of Central Lancashire, <b>Dr Gary Lamph</b>, Edgehill University &amp; <b>Mr Dan Warrender</b>, Robert Gordon University.</p> <p><b>Title:</b> Meeting the Needs of People with Complex Emotional Needs: What's Wrong with Genericism in the Mental Health Nursing Curriculum?</p> <p><b>Speakers: Mr Keir Harding</b>, <b>Ms Hollie Berrigan</b>, Beam Consultancy &amp; <b>Mr Dan Warrender</b>, Robert Gordon University.</p> <p><b>Title:</b> Are You Lying Comfortably?</p>
<p><b>Megalithic Suite 2</b></p> <p><b>Chair Ms Alison Hodgson</b></p>	<p><b><u>Parallel 5 Symposium</u></b></p> <p><b>Symposium Title:</b> Exploring Supporting Neurodiversity in a Female Prison-Based Offender Personality Disorder Service.</p> <p><b>Symposium Talk 1:</b> Speech and Language Therapy within a Female Prison-Based Offender Personality Disorder Service: A Service Evaluation.</p> <p><b>Speakers: Mrs Sophie Lewis</b>, Tees Esk &amp; Wear Valley NHS Foundation Trust.</p> <p><b>Symposium Talk 2:</b> Occupational Therapy within a Female Prison-Based Offender Personality Disorder service: A Service Evaluation.</p> <p><b>Speakers: Mrs Charlotte French &amp; Mrs Alison Hodgson</b>, Tees Esk &amp; Wear Valley NHS Foundation Trust.</p> <p><b>Symposium Talk 3:</b> A Reflective Piece: Neurodiversity in a Female Prison-Based Offender Personality Disorder Service.</p> <p><b>Speakers: Mrs Sophie Lewis &amp; Ms Rachel Earnshaw</b>, Tees Esk &amp; Wear Valley NHS Foundation Trust.</p>
<p><b>Megalithic Suite 3</b></p> <p><b>Chair Dr Olivia Southwell</b></p>	<p><b><u>Parallel 6 Symposium</u></b></p> <p><b>Symposium Title:</b> Transformation in Primary Care: The Impact of Co-Produced Services on Improving the Lives of People who have Traits or a Diagnosis of Personality Disorder.</p> <p><b>Symposium Talk 1:</b> Transformation Through Partnership: Improving Provision in Primary Care for People who have Difficulties Associated with Personality Disorder.</p> <p><b>Speakers: Dr Chloe Forster &amp; Ms Jennie Parker</b>, Berkshire Healthcare NHS Trust.</p> <p><b>Ms Colette Lane &amp; Dr Olivia Southwell</b>, Surrey and Borders Partnership NHS Foundation Trust.</p> <p><b>Symposium Talk 2:</b> Held in mind? An Evaluation of the Long-Term Impact of Personality Disorder Training to Primary Care Services.</p> <p><b>Speakers: Dr Gina Davies, Dr Teuta Rexhepi-Johansson, Ms Colette Lane &amp; Ms Isabelle Hunt</b>, Surrey and Borders Partnership NHS Foundation Trust.</p> <p><b>Symposium Talk 3:</b> Managing Emotions Programme: Evaluation of a Co-Produced Service Aiming to Increase the Emotional Confidence of People Struggling with Emotional Intensity.</p> <p><b>Speakers: Ms Nina Nwaosu &amp; Ms Fay Petratou</b>, Surrey and Borders Partnership NHS Foundation Trust.</p>

## Speakers Day 2 - Wednesday 14<sup>th</sup> June 2023 continued

<p><b>Megalithic Suite 1</b></p> <p><b>Chairs</b> <b>Ms Tania Towns</b></p> <p><b>Ms Tracey James</b></p>	<p><b><u>Parallel 7 Symposium</u></b></p> <p><b>Symposium Title:</b> The Role of Lived Experience Practitioners and Peer Workers in Improving Services and the Complexities of Lived Experience Working: Is it Our Trauma or Yours?</p> <p><b>Symposium Talk 1:</b> The Development of a Career Pathway for Peer and Lived Experience Workers: A Vision and a Reality. <b>Speaker:</b> <b>Ms Melanie Ball</b>, CNWL NHS Foundation Trust.</p> <p><b>Symposium Talk 2:</b> The role of Advanced Lived Experience Practitioners in Delivering the Complex Emotional Needs Pathway Across CNWL, with a Focus on Brent. <b>Speakers:</b> <b>Ms Fiona Kuhn-Thompson &amp; Ms Jane Wackett</b> CNWL NHS Foundation Trust.</p> <p><b>Symposium Talk 3:</b> The LX Factor: Hype or Hate. <b>Speakers:</b> <b>Ms Hollie Berrigan</b>, Beam Consultancy &amp; <b>Ms Ellie Wildbore</b>, Sheffield Health &amp; Social Care Network.</p>
<p><b>Megalithic Suite 2</b></p> <p><b>Chair</b> <b>Mr Tom Mullen</b></p>	<p><b><u>Parallel 8 Oral Presentations</u></b></p> <p><b>Speakers:</b> <b>Ms Julia Lindsay</b>, University of Oxford. <b>Title:</b> A Machine-Learning and Network Approach to Understand the Intersection of Autism, Borderline Personality, and Sex Identity in the UK General Population.</p> <p><b>Speakers:</b> <b>Dr Jacob King</b>, Imperial College London. <b>Title:</b> Improving Sleep Quality for People with Personality Disorder.</p> <p><b>Speakers:</b> <b>Mr Andrew Smith, Mr Luke Jordan, Ms Emma Georgeson &amp; Ms Vanessa Shaw</b>, Greater Manchester Mental Health Foundation Trust. <b>Title:</b> Complex Emotional Needs in Later Life. A Critical Evaluation of Service Development.</p>
<p><b>Megalithic Suite 3</b></p> <p><b>Chair</b> <b>Dr Jorge Zimbron</b></p>	<p><b><u>Parallel 9 Workshop</u></b></p> <p><b>Speakers:</b> <b>Ms Tamar Jeynes</b>, Pink Sky Thinking &amp; <b>Ms Julie Bagwash -Ashman &amp; Dr Satbinder Kaur Bhogal</b>, Clinical Psychologist.</p> <p><b>Workshop Title:</b> A Game of Lunatics &amp; Asylums.</p> <p>Creative research workshop investigating working dynamics between LXP &amp; non LXP staff using a giant chessboard with participants as pieces. Booking, consent form and participation sheet need to be filled in prior to workshop, which will be recorded.</p>

## Speakers Day 3 - Thursday 15<sup>th</sup> June 2023

<p><b>Megalithic Suite 1</b></p> <p><b>Chair Ms Jane Cannon</b></p>	<p><b><u>Parallel 10 Oral Presentations</u></b></p> <p><b>Speakers: Dr Gary Lamph</b>, Edge Hill University, <b>Dr Rebecca Nowland</b>, University of Central Lancashire &amp; <b>Ms Ellie Wildbore</b>, Sheffield Health &amp; Social Care Network.</p> <p><b>Title:</b> Scoping Review of Relational Practice in Health, Education, Criminal Justice and Social Care.</p> <p><b>Speakers: Mr Daniel Gruska, Dr Karen Orpwood &amp; Ms Carmen Jimenez-Lagos</b>, Greater Manchester Probation Service.</p> <p><b>Title:</b> Developing and Implementing a VR Protocol for OPD clients.</p> <p><b>Speaker: Ms Julia Lindsay</b>, University of Oxford.</p> <p><b>Title:</b> Designing for User Engagement: A Systematic Review of Digital Interventions for BPD.</p>
<p><b>Megalithic Suite 2</b></p> <p><b>Chair Mr Tom Mullen</b></p>	<p><b><u>Parallel 11 Oral Presentations</u></b></p> <p><b>Speakers: Ms Emma Cluley &amp; Mr Patrick Williams</b>, Greater Manchester Probation Service.</p> <p><b>Title:</b> Understanding Race and Disproportionality within Criminal Justice, Probation and OPD Services.</p> <p><b>Speakers: Ms Aisling O’Meara</b>, NHS England.</p> <p><b>Title:</b> Revision of the Women’s Offender Personality Disorder Pathway Screening Tool.</p> <p><b>Speakers: Dr Polett Bali</b>, University of Liverpool.</p> <p><b>Title:</b> Ethnography in a Prison-Based Personality Disorder Treatment Service: New Ways of Understanding Treatment Non-Completion.</p>
<p><b>Megalithic Suite 3</b></p> <p><b>Chair Mr Keir Harding</b></p>	<p><b><u>Parallel 12 Oral Presentations</u></b></p> <p><b>Speakers: Dr Daniel McNamara &amp; Mr Adrian Hayes</b>, Avon &amp; Wiltshire Mental Health Partnership NHS Trust.</p> <p><b>Title:</b> Using the ICHOM International ‘Standard Set’ to Evaluate Outcomes of an NHS Intervention for Patients with Personality Disorder- Is it Feasible?</p> <p><b>Speakers: Dr Amy Degnan, Ms Catherina Westwood, Dr Emmanuel Nwofe</b>, South West Yorkshire Partnership NHS Foundation Trust &amp; <b>Ms Julie Bagwash-Ashman</b>.</p> <p><b>Title:</b> A Qualitative Exploration of Trauma-Informed Care in Individuals with Complex Trauma and Difficulties Aligned to Emotionally Unstable Personality Disorder: A Service User Perspective.</p> <p><b>Speakers: Ms Sonia Hasan, M Ruttley, Ms Ciara Murphy, Ms Qasia Nosheen &amp; Ms Natasha Williams</b>, The Cassel Hospital.</p> <p><b>Title:</b> When Patients Become the Treatment: Experiences of Community-Based Treatment for Complex Trauma and Personality Disorders at The Cassel Hospital.</p>
<p><b>Arches Suite</b></p> <p><b>Chair Dr Jorge Zimbron</b></p>	<p><b><u>Parallel 13 No Longer a Diagnosis of Exclusion: 20 Years On</u></b></p> <p><b>Speakers: Ms Vicky Baldwin</b>, Education Consultant, <b>Dr Julia Blazdell</b>, Lived Experience Consultant and Trainer &amp; <b>Dr Oliver Dale</b>, Sussex Partnership NHS Foundation Trust.</p>

<b>BIGSPD Poster Presenters</b>		
1	Ms Julie Bagwash-Ashman	Physical and Self imposed restraints within Personality disorders.
2	Dr Kirsten Barnicot	Borderline personality disorder and complex PTSD: Can clinicians tell them apart?
3	Ms Victoria Blinkhorn	The initial validation of a feedback tool to assess Probation Practitioners' experiences of the Psychologically Informed Consultation Service.
4	Ms Emma Cluley	Structured Reflective Learning Discussion Groups for Senior Probation Officers and Senior and Middle management leaders within Greater Manchester Probation Service.
5	Dr Nikki Collins	Bridging the Gaps in Women's OPD Pathways Services in Surrey Prisons and Community.
6	Dr Cormac Duffy	The impact of accommodation on community reintegration following release from prison. Findings and reflections on the development of a co-production research team.
7	Ms Sarah Devereux	BIGSPD presentation on self-agency: A response in images.
8	Ms Alison Elliot	An evaluation comparing face to face and online delivery of a co-produced Offender Personality Disorder (OPD) Higher Education Training programme.
9	Miss Laura Frank	Service users views of wellbeing needs on The PIPE Unit at HMP Low Newton.
10	Ms Hannah Gaffney	Identifying and Understanding Complex Emotional Needs in Older Adults Accessing an NHS Community Mental Health Team in the North of England.
11	Mr Ross Gellatly	Collaboration and co-creation on the Beacon – the residents' perspective.
12	Ms Eve Groome	'The most stressful thing...was never the content, really': Exploring the emotional impact Psychologically Informed Consultation Service (PICS) practitioners' experience during the consultation and formulation writing process.
13	Mr Kevin Haigh	Better out than in: Experiences of community treatment in the context of high risk and complexity.
15	Mr Michael Haslam	Crisis resolution and home treatment for individuals with complex emotional needs: a meta-ethnographic synthesis.
16	Ms Amy Holder	BPD Dialogues: Borderline and Beyond.
17	Ms Hannah Kane	With Us, For Us.
18	Ms Karen Kemp	Older People with EUPD - Still an underrepresented and treated group.
19	Ms Sophie Lewis	Staff well-being in a female prison-based Offender Personality Disorder service: A service evaluation.
20	Ms Sophie Lewis	A Reflective Piece: Staff relationships in a female prison-based Offender Personality Disorder service.
21	Ms Sophie Lewis	The social climate of a female prison-based Offender Personality Disorder service following the COVID-19 pandemic.
22	Ms Sophie Lewis	Implementing a sensory garden in a female prison-based Offender Personality Disorder service: A service evaluation.
23	Ms Sophie Lewis	Women from different religious backgrounds in a prison-based Offender Personality Disorder service: A service evaluation.
24	Ms Hege Myklebust	Evaluating a new trust-wide staff training offer on understanding 'personality disorder' within an NHS mental health trust in the North of England.
25	Mr Daron Oram	Primary Care eLearning Project.
26	Mr Ben Ottiwell	Home Based Treatment Team- Managing Distress Pathway: A Structured Clinical Management Informed Crisis Intervention for People with Borderline Personality Disorder (BPD).
27	Dr Kay Radcliffe	Indeterminate Sentenced Prisoners: Learning and adapting the approach.
28	Ms Milla Räsänen	Examining Diversity in the Wales Offender Personality Disorder Pathway.

29	Ms Emma Robinson	Psychologically Informed Planned (Trauma Informed) Environment.
30	Ms Zuleikha Sayani	The influence of meditational practices on the sense of self of individuals with borderline personality disorder: An explorative study.
31	Dr Kathia Sullivan	New pathway implementation within Complex Needs Service Wirral: Intensive Case Management. A preliminary evaluation of Intensive Case Management on individuals with a diagnosis of Personality Disorder.
32	Dr James Taylor	Experiences of a psychoeducation group for service users within a complex needs service.
33	Dr James Taylor	An evaluation of psycho-education for carers of people with 'Personality Disorder' symptomology.
34	Ms Katie Thomas	Specialist Personality Disorder Community Service: Developing a Consultation Model in a Health Setting.
35	Dr Heather Tomlinson	Evaluating a Trust-wide Stabilisation service for EUPD.
36	Mr Dan Warrender	The Action/Consequences Model: a tool to prompt thinking and ethical decision making around risk.
37	Ms Kate Sloan	Considering the ethics of approaches to risk when working with people diagnosed with 'personality disorder'.
38	Dr Andy Williams	The Clinical Risk Reference Panel (CRRP): an organisational response to complexity and risk.
39	Ms Nicole Webster	Using a robust case study approach to evaluate the contribution of Therapeutic Communities Plus.
40	Ms Ellie Wildbore	Coproduction in NHS Mental Health Research: The Role of Patient Research Ambassador.
42	Miss Lorna Wynter	Co- production service evaluation.
43	Ms Catherine Young	Transitional/Moving on Pathway for Patients with Personality Disorder from High Secure to Medium Secure Units & Prison.
44	Mx Elizabeth Stevenson	Reducing stigma by offering a co-produced SUN service for people with Complex emotional needs.
45	Ms Adrienne Amri	Development of Trauma Informed Mindfulness Protocol using Psychoanalytic Concepts Linked in with the Neurobiology of Neglect.

**Poster evaluations will take place on Wednesday 14<sup>th</sup> June 12.15 – 13.30**

**Winners will be announced on Thursday at 12.15**

### BIGSPD Evening Events

For delegates who registered for the residential package or purchased a ticket additionally.

#### **Tuesday 13<sup>th</sup> June 19.00**

**Radisson Blu**, 301 Argyle Street, Glasgow, G2 8DL.

Drinks reception, dinner & entertainment.



#### **Wednesday 14<sup>th</sup> June 18.30 – 21.30**

**Glasgow City Chambers**, 80 George Square, G2 1DU.

Civic drinks reception hosted by Glasgow City Council, followed by a buffet & drinks. Entertainment provided by local talent from the Royal Conservatoire Glasgow.

**This event will finish at 21.30. Delegates can then check out some of the local bars in Glasgow city centre. Merchant City area is a 5-minute walk from the City Chambers.**



**Download our BIGSPD App now to keep up to date with all programme information.**

## Download the official BIGSPD App

via **Yapp**



Download the app on iOS or Android:

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