

BIGSPD Annual Conference Programme
 Tuesday 14th - Thursday 16th June 2022
 Park Inn by Radisson Hotel Northampton Town Centre,
 Silver Street, Northampton. NN1 2TA



Preliminary programme as at 12th May 2022 – subject to change

Day 1 - Tuesday 14th June 2022		
10.30 – 12.00	Hertford 2	Executive Committee Meeting
12.00 – 13.00		Registration and Lunch
13.00 – 13.15	Buckingham	<p>Opening Address & Welcome by BIGSPD Presidents</p> <p>Dr Oliver Dale - Consultant Psychiatrist, Hammersmith & Fulham Personality Disorder Service & Clinical Lead Cassel Hospital & Personality Disorder Pathway, West London NHS Trust, Chair Cassel Hospital Charitable Trust.</p> <p>Dr Julia Blazdell - Network Coordinator for the National KUF Hub.</p>
13.15 – 13.45	Buckingham Chair Dr Oliver Dale	<p>Plenary Speakers 1 - Ms Fiona Kuhn-Thompson - Lived Experience Lead for the Complex Emotional Needs Pathway - CNWL NHS Foundation Trust & Ms Melanie Ball - Head of Lived Experience Workforce and Recovery and Wellbeing College - CNWL NHS Foundation Trust.</p> <p>An Open Letter': A Performed Exploration of Democratic Solutions for Distress Often Referred to as 'Personality'.</p>
13.45 – 14.15	Buckingham Chair Dr Kirsten Barnicot	<p>Plenary Speakers 2 – Dr Jessica Yakeley - Consultant Psychiatrist in Forensic Psychotherapy- Portman Clinic, Tavistock and Portman NHS Foundation Trust & Dr Ravi Lingham - Consultant Forensic Psychiatrist. Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust</p> <p>Psychoanalysis Engaging Prisons</p>
14.15 – 14.30	Buckingham	Q&A for plenary speakers
14.30– 15.00		Tea and Coffee Break
15.00 –16.30	Buckingham 1 Session Chair Mr Tom Mullen	<p>Parallel 1 - Standalone</p> <p>Speaker: Ms Aisling McQuaid - Imperial College London & Mr Jack Cheshire - Nottinghamshire Healthcare NHS Trust - Clozapine for inpatients with borderline personality disorder: Results of the CALMED trial.</p> <p>Speakers: Ms Adelaide Yue, Mr Alasdair Philbey - University of Cambridge, Dr Jorge Zimbron - Cambridgeshire and Peterborough NHS Foundation Trust - The impact of a non-restrictive leave protocol on incident frequency at Springbank Ward, a specialist personality disorder unit.</p> <p>Speakers: Dr Lucy Maconick- University College London - Experiences of crisis care among service users with complex emotional needs or a diagnosis of 'personality disorder', and other stakeholders. A systematic review and meta-synthesis of the qualitative literature.</p>
15.00 –16.30	Buckingham 2 Session Chair Dr Gary Lamph	<p>Parallel 2 - Standalone</p> <p>Speaker: Dr Emma Jones - University of Central Lancashire - An interpretive hermeneutic phenomenological exploration of patients' and student mental health nurses' lived experiences of the time they share together on secure personality disorder units for men.</p> <p>Speakers: Ms Meagan McNaney, Ms Lisa Rea & Mr Peter Walker - Nottinghamshire Healthcare NHS Foundation Trust - Rampton Hospital, Personality Disorder Service Transition Project.</p> <p>Speakers: Dr Ava Green - City University of London - Clinicians' Perceptions of Vulnerable Narcissism Symptomatology: Implications for Gender Differences in Narcissism.</p>

Day 1 - Tuesday 14th June 2022 Continued

15.00 –16.30	Kent & Essex	<p>Parallel 3 - Standalone</p> <p>Speakers: Ms Anthea Husbands, Ms Tia Urgasova & Mr Joe Mulcahy - National KUF Hub - KUF: A Training Needs Analysis</p> <p>Session Chair Ms Fiona Kuhn-Thompson</p> <p>Speakers: Dr Rob Schafer & Ms Fiona Blyth - Oxford Health NHS Foundation Trust. Ms Fiona Jobson & Ms Gill Attwood - A personality disorder training programme for general practice teams transforms attitudes and facilitates specific practice level change.</p> <p>Speaker: Ms Marsha McAdam - Telling the story of A Tale of 3 Cities goes Global 2022 with videos from Forward Thinking Birmingham, Anna Freud National Centre for Children & Families and 42nd Street.</p>
16.30- 17.00		Tea and Coffee Break
17.00 – 17.30 Close	Buckingham	BIGSPD AGM All Welcome
19.30	Buckingham	Dinner- Park Inn Hotel, Northampton

Day 2 - Wednesday 15th June 2022

08.30 – 08.45		Tea and Coffee
08.45 – 09.15	Buckingham Chair Dr Oliver Dale	Plenary Speaker 3 - Dr Colin King – Expert by Lived Experience - Whiteness and Race Equality Network.
09.15 – 09.45	Buckingham Chair Dr Julia Blazdell	Plenary Speaker 4 - Ms Helen Morgan - Psychoanalytic Psychotherapist - British Psychotherapy Foundation - Whiteness. A Problem for our Time.
09.45 – 10.00	Buckingham	Q&A for Plenary Speakers
10.00 – 10.30		Tea and Coffee
10.30 – 12.00	Buckingham 1 Session Chair Prof. Mike Crawford	<u>Parallel 4 - Symposium</u> Symposium Title: Disproportionality within the prison population and the extent of undiagnosed MH issues. Speakers: Dr Satbinder Kaur Bhogal - Birmingham Womens & Children's NHS Foundation Trust - Mr Dan Whyte - DWRM Consultants CIC & Ms Ruth McFarlane - DWRM Consultants CIC
10.30 – 12.00	Buckingham 2 Session Chair Ms Fiona Kuhn-Thompson	<u>Parallel 5 - Standalone</u> Speakers: Dr Gary Lamph & Dr Sue Wheatcroft - University of Central Lancashire- Offender Personality Disorder (OPD) Higher Education Training; Research Evaluation, Co-production, Student Experience, and Impact on Practice. Speaker: Dr Victoria Blinkhorn – Liverpool John Moores University - A qualitative study exploring Offender Managers' experiences of the Covid-19 restrictions. Speaker: Ms Pearl Metry - West London NHS Trust - The impact of the COVID-19 pandemic on patients and staff at a specialist personality disorder service: investigating remote working.
10.30 – 12.00	Kent & Essex Session Chair Mr Tom Mullen	<u>Parallel 6 - Out of Area</u> Session Title: Funded and Forgotten? Speaker: Ms Natasha Beauchamp - Specialist Occupational Therapist within Community Mental health in Wales. Speaker: Ms Hollie Berrigan - Consultant lived experience practitioner/integrative counsellor working both freelance and with Beam Consultancy. Speaker: Mr Keir Harding - Occupational Therapist and clinical lead of Beam Consultancy. Speaker: Dr Jorge Zimbron - Consultant psychiatrist - Springbank Ward.
12.00 – 12.50		Lunch with Exhibition & Poster Evaluations
12.50–14.20	Buckingham 1 Session Chair Dr Jorge Zimbron	<u>Parallel 7 - Standalone</u> Speakers: Ms Hannah Frith - University of Surrey - Sex in the lives of people with Borderline Personality Disorder (BPD): A qualitative analysis of YouTube videos. Speaker: Ms Rebecca Matson – University of Liverpool - How are sensory approaches experienced by women with a diagnosis of borderline personality disorder (BPD) in an in-patient mental health rehabilitation setting? Speaker: Ms Michelle Radcliffe – Kingston University- The experience of recovery from a diagnosis of borderline personality disorder.

Day 2 - Wednesday 15th June 2022 Continued

12.50–14.20	Buckingham 2 Session Chair Dr Gary Lamph	<p><u>Parallel 8 - Standalone</u></p> <p>Speaker: Dr Kirsten Barnicot - City University of London - Complex post-traumatic stress disorder in specialist personality disorder services.</p> <p>Speakers: Dr Kirsten Barnicot - City University of London & Ms Jennie Parker, Lived Experience Researcher, City University of London- Improving recognition, understanding and differentiation of autism and personality disorder: A mixed-methods lived experience study.</p> <p>Speaker: Mx Hattie Porter - Transgender people are disproportionately likely to be diagnosed with a personality disorder. A discussion of medical transphobia, health inequalities, and the oppressive history of the construct of personality disorders.</p>
12.50–14.20	Kent & Essex Session Chair Dr Emma Jones	<p><u>Parallel 9 - Workshop</u></p> <p>Workshop Title: If telling people who have lived through trauma that their personalities are disordered is not essential to high quality, compassionate care – then what next?</p> <p>Speakers: Mr Keir Harding & Ms Hollie Berrigan - Beam Consultancy. Ms Angela Mays (pre-recorded video) - Mental Health Campaigner</p>
14.20– 14.35		Tea and Coffee
14.35 –16.05	Buckingham 1 Session Chair Mr Keir Harding	<p><u>Parallel 10 - Symposium</u></p> <p>Symposium Title: Self-Agency: The Missing Ingredient for those Lost and Rejected in Mental Health Services</p> <p>Symposium Talk 1: PD & Me: What Mental Health Services need to know about Personality Disorder Speakers: Dr Adrian Hayes - AWP NHS Trust & Service users</p> <p>Symposium Talk 2: Foundations Group: A Self-Agency Based Therapeutic Group for those ‘Lost in the System’. Speakers: Dr Adrian Hayes, Ms Tulane Chiarletti, Ms Sarah Devereux, Ms Steph Hares, Dr Steph Upton, Dr Dan McNamara - AWP NHS Trust & Service users</p> <p>Symposium Talk 3: Rejected by the System: An Audit into the Effects of Case Management for those in Out-of-Area Specialist Placements Speakers: Dr Steph Upton, Dr Dan McNamara, Dr Adrian Hayes - AWP NHS Trust & Ms Tulane Chiarletti</p>
14.35 –16.05	Buckingham 2 Session Chair Dr Kirsten Barnicot	<p><u>Parallel 11 - Standalone</u></p> <p>Speakers: Ms Elea Drews-Windeck & Ms Lindsay Evans - Sussex Partnership NHS Foundation Trust -The implementation of a digital intervention for individuals with subthreshold Borderline Personality Disorder.</p> <p>Speaker: Professor Mike Crawford – Imperial College London - The role of Structured Psychological Support in an evidence-based stepped care pathway for people with complex emotional health needs.</p> <p>Speaker: Ms Sorana Berry & Dr Chloe Forster – Berkshire Healthcare NHS Foundation Trust - Changing the Culture of a County: A New Psychologically Led Care Pathway for People with Complex Emotional Needs which may be associated with a diagnosis of Emotionally Unstable Personality Disorder.</p>

Day 2 - Wednesday 15th June 2022 Continued

14.35 – 16.05	Kent & Essex Session Chair Dr Emma Jones	Parallel 12 - Workshop Workshop Title: "EMERGE Leeds" - working with young people with complex emotional needs. Speaker: Mr Tom Mullen
16.05 – 16.30		Tea and Coffee
16.30 – 17.00	Buckingham Chair Dr Kirsten Barnicot	Plenary Speaker 5 - Professor Thanos Karatzias - Head of Research - Edinburgh Napier University & NHS Lothian Rivers Centre for Traumatic Stress - Differentiating ICD-11 Complex PTSD from Borderline Personality Disorder: Implications for Assessment and Treatment.
17.00 – 17.30	Buckingham Chair Dr Julia Blazdell	Plenary Speaker 6 - Dr Carine Minnie – Consultant Psychiatrist in Forensic Psychotherapy - West London NHS Trust -What if the first 1000 days goes wrong?
17.30 – 17.45 Close	Buckingham	Q&A for Speakers
19.00	Guildhall	Guildhall Northampton - Drinks Reception & Gala Dinner

Day 3 - Thursday 16th June 2022

08.30 – 08.45		Tea and Coffee
08.45 – 09.15	Buckingham Virtual Live Presentation	Plenary Speaker 7 – Professor Martin Bohus, MD - Senior Research Fellow, Ruhr University Bochum - Heidelberg University - How to treat co-occurring PTSD in Patients with BPD
09.15 – 09.25	Chair Dr Kirsten Barnicot	Q&A
09.25 – 09.55	Buckingham Virtual Live Presentation	Plenary Speaker 8 - Andy Bell - Deputy Chief Executive - Centre for Mental Health - Modernising the Mental Health Act
09.55 – 10.05	Chair Dr Oliver Dale	Q&A
10.05 – 10.30		Tea and Coffee
10.30 – 12.00	Buckingham 1 Session Chair Mr Keir Harding	<u>Parallel 13 - Workshop</u> Workshop Title: The use of criminalisation in recurrent suicidality. Speakers: Ms Tulane Chiarletti - & Ms Hollie Berrigan - Beam Consultancy
10.30 – 12.00	Buckingham 2 Session Chair Mr Tom Mullen	<u>Parallel 14 - Symposium</u> <u>Symposium Title: Working effectively with 'personality disorder': The importance of new ideas</u> Symposium Talk 1: The Importance of New Ideas. Speakers: Ms Jo Ramsden & Ms Sharon Prince – Leeds and York Partnership Foundation Trust Symposium Talk 2: The Scale of the Problem. Speaker: Ms Sarah Skett – HMPPS, NHS England and NHS Improvement & Ms Kim Barlow – West London NHS Trust Symposium Talk 3: Service User Involvement and co-production. An invitation to transcend re-traumatising power politics. Speaker: Ms Melanie Anne Ball – Central and NW London NHS Foundation Trust Symposium Talk 4: Life and Labels: Some Personal Thoughts about Personality Disorder. Speaker: Ms Sue Sibbald – Freelance peer consultant
10.30 – 12.00	Kent & Essex Session Chair Prof. Mike Crawford	<u>Parallel 15 - Standalone</u> Speakers: Ms Tamar Jeynes – Pink Sky Thinking, Ms Allison Joseph - Mad Black Pixie & Mr David Gibbs BSMHFT - Mad Studies Birmingham: Knowledge is Power. Speakers: Ms Denise Keanie, Mr Tim Agnew & Ms Maryann Frew - NHS Highland - Group Radical Openness (GRO) – A Pilot Evaluation. Speakers: Dr Andrea Williams, Ms Kate Sloan & Ms Helen Rose - NHS Greater Glasgow and Clyde - Demonstrating meaningful outcomes in a homeless PD service setting, with attention to ethnicity and gender identity in a multiply excluded population.
12.00 – 12.30		Tea and Coffee
12.30 – 13.00	Buckingham	Presentations and Closing Remarks Dr Oliver Dale and Dr Julia Blazdell
13.00 - close		Lunch