

BIGSPD Annual Conference Programme
Tuesday 23rd March – Thursday 25th March 2021
 Park Inn by Radisson Hotel Northampton Town Centre,
 Silver Street, Northampton, NN1 2TA



Preliminary programme as at 16th March 2020

Day 1 - Tuesday 23rd March 2021		
10.30 – 12.00	Hertford 2	Executive Committee Meeting
12.00 – 13.00		Registration and Lunch
13.00 – 13.15	Buckingham	<p><u>Opening Address & Welcome by BIGSPD Presidents</u></p> <p>Dr Oliver Dale - Consultant Psychiatrist, Hammersmith & Fulham Personality Disorder Service & Clinical Lead Cassel Hospital & Personality Disorder Pathway, West London NHS Trust, Chair Cassel Hospital Charitable Trust.</p> <p>Dr Julia Blazdell - Network Coordinator for the Managed Clinical Network for Personality Disorders in WLMHT, Freelance Educational Consultant for the Institute of Mental Health, Service user consultant for Psychological Approaches.</p>
13.15 – 14.00	Buckingham	<p>Keynote Speaker 1 :Dr Joel Paris -Professor of Psychiatry - McGill University</p> <p>Presentation Title: Access to Psychotherapy for Patients with Personality Disorders</p>
14.00– 14.30		Tea and Coffee Break
14.30 –16.00	Buckingham1	<p><u>Parallel 1 Standalone - Chair: Jen Dylan - Candi</u></p> <p>Speaker :Gary Lamph, Jake Dorothy – UCLAN, Tamar Jaynes– BSMHFT, Alison Coak - Tees Esk and Wear NHS Trust</p> <p>Standalone Presentation Title: Capturing the Conversation; Exploring the label of personality disorder from the perspectives of people with lived and occupational experience.</p> <p>Speaker : Vanessa Jones- Growing Better Lives</p> <p>Standalone Presentation Title: Discovering the true spend on PD placements using Freedom of Information requests.</p> <p>Speaker : Hollie Berrigan, Keir Harding - Beam Consultancy</p> <p>Standalone Presentation Title: Organisation Centred Practice: Reducing Fear, Improving Care.</p>
14.30 –16.00	Buckingham 2	<p><u>Parallel 2 Standalone Presentations - Chair: Julia Blazdell - BIGSPD</u></p> <p>KUF Review – Presented by Julia Blazdell, Vicky Baldwin - KUF Review, Debra Jeffrey - Workforce Development and Involvement, Offender Personality Disorder Programme.</p> <p>RCPsych Position Statement on people diagnosable with Personality Disorder – Presented by Oliver Dale- West London NHS Trust & Rex Haigh - Growing Better Lives</p> <p>NHSE “Long Term Plan” – Early Implementer Sites - Presented by Viral Kantaria NHS England</p>
14.30 –16.00	Kent & Essex	<p><u>Parallel 3 Standalone - Chair: Fiona Kuhn-Thompson - West London NHS Trust</u></p> <p>Speaker : Ruth Sutherland - Leeds & York Partnership NHS Foundation Trust</p> <p>Standalone Presentation Title: Support, interventions and outcomes for families/carers of people with Borderline Personality Disorder: A Systematic Review and Service Response.</p> <p>Speaker: Jane Cannon, Ian Gould – Charity</p> <p>Standalone Presentation Title: Making a case for BPD diagnosis and management before the age of 18.</p> <p>Speaker : Jennifer Beal, John Hendle, Gertie Hendle – Cygnet Healthcare</p> <p>Standalone Presentation Title: Presentation with carers to share the value and impact of co-production.</p>

Day 1 - Tuesday 23rd March 2021 (Continued)

16.00- 16.30		Tea and Coffee Break
16.30 – 17.15	Buckingham	Keynote Speaker2:Professor Jenny Shaw -Professor of Forensic Psychiatry, Consultant Forensic Psychiatrist and Academic Lead for the Offender Health Research Network at The University of Manchester Presentation Title: Personality disorder: suicide and homicide. Findings from National Confidential Inquiry into Suicide and Homicide
17.15 – 17.45 Close	Buckingham	BIGSPD AGM All Welcome
19.30	Buckingham	Dinner- Park Inn Hotel, Northampton

Day 2 - Wednesday 24th March 2021

08.30–09.00		Tea and Coffee
09.00–10.30	Buckingham 1	<u>Parallel 4Symposium - Chair: Sian Oram-Institute of Psychiatry, Psychology & Neuroscience</u> Symposium Title - Community-based care for people with complex emotional needs: findings from the NIHR Mental Health Policy Research Unit. Speaker 1:Chloe Finamore – The Cassel Hospital Symposium Talk 1: A typology of community services for complex emotional needs. Speaker 2:Luke Sheridan-Rains – University College London Symposium Talk 2: What are the critical ingredients in effective community care for people with complex emotional needs? Speaker 3: Joseph Botham - Institute of Psychiatry, Psychology & Neuroscience Symposium Talk 3: Cost-effectiveness of community services for people with complex emotional needs.
09.00–10.30	Buckingham 2	<u>Parallel 5 Standalone – Chair: Kirsten Barnicot - CNWL NHS FT/ Imperial College London</u> Speakers: FarhaChoudhary, Gemma Mitchell - Camden & Islington NHS Foundation Trust, Anna Smart - London Borough of Camden Standalone Presentation Title: Meeting The Challenge-Making a Difference: Exploring staff experiences of receiving a psychologically informed consultation in Community Housing Services. Speaker : Andrew White, Abi Herbert - Camden & Islington Foundation NHS Trust Standalone Presentation Title: Beyond the Walls of Camden and Islington Personality Disorder Service. Speaker : Sally Stamp - West London Managed Clinical Network for Personality Disorders Standalone Presentation Title: A co-produced, institutional approach to supporting staff working with people with personality disorder in inpatient settings.
09.00–10.30	Kent& Essex	<u>Parallel 6 - 'This house believes' - Chair: Oliver Dale- West London NHS Trust& Julia Blazdell BIGSPD</u> "This house believes that the use of independent sector placement of patients is unethical" Speakers: Emily Fox – St Andrews Healthcare Keir Harding - Beam Consultancy Tom Mullen - Leeds & York Partnership NHS Foundation Trust Natasha Beauchamp - Cardiff NHS
10.30 – 11.00		Tea and Coffee

Day 2 - Wednesday 24th March 2021 (continued)

11.00-11.45	Buckingham	<p>Keynote Speaker 3: Professor Paul McCrone - Professor of Healthcare Economics – University of Greenwich.</p> <p>Presentation Title: Innovative services for people diagnosed with personality disorder: Money well spent?</p>
11.45-12.30	Buckingham	<p>Keynote Speaker 4: Anna Motz - Consultant Clinical and Forensic Psychologist – CNWL Offender Care, HMP Bronzefield.</p> <p>Presentation Title: Working Psychoanalytically with Women’s Hidden Trauma.</p>
12.30 – 13.15		Lunch with Exhibition & Poster Evaluations
13.15 –14.45	Buckingham 1	<p>Parallel 7 Standalone– Chair: Rex Haigh - Growing Better Lives</p> <p>Speaker: Mike Crawford – Imperial College London Standalone Presentation Title: Clozapine for inpatients with Borderline Personality Disorder: Update on the CALMED trial.</p> <p>Speaker: Hollie Berrigan, Tulane Chiarletti - AWP NHS Trust Standalone Presentation Title: The use of the criminal justice system as an intervention for chronic suicidality: Is it ever advisable?</p> <p>Speaker: Tahir Khan, Owen Crawford - University of Cambridge School of Clinical Medicine Standalone Presentation Title: Staff and Patient Attitudes to Risk Assessments on Springbank Ward.</p>
13.15 –14.45	Buckingham 2	<p>Parallel 8 Standalone - Chair: Jen Dylan - Candi</p> <p>Speaker: Kirsten Barnicot, Jennie Parker - CNWL NHS FT/ Imperial College London Standalone Presentation Title: It gave me confidence to feel I am a good enough parent: Feasibility trial of a video feedback parent-infant intervention.</p> <p>Speaker : Michael Haslam – Edge Hill University Standalone Presentation Title: The Goalodicy trap: Challenges of working with patients who have self-harmed within the limits of the Emergency Department 4-hour target.</p> <p>Speaker : Karen Loly - BSMHFT Standalone Presentation Title: A Home Within: Trauma-informed care for homeless patients with a diagnosis of personality disorder/complex trauma.</p>
13.15 –14.45	Kent& Essex	<p>Parallel 9 Standalone – Chair: Sarah Skett - HMPPS</p> <p>Speaker : Mathew Penn - Nottinghamshire Healthcare NHS Foundation Trust Standalone Presentation Title: Changes in criminal thinking styles in secure hospital patients compared to prisoners.</p> <p>Speaker : Rebecca Doyle – Elysium Healthcare Standalone Presentation Title: Working therapeutically with women who have complex personality difficulties, mental health needs, and a history of deliberate firesetting.</p> <p>Speaker : Sue Ryan - Resettle (IIRMS)- NHS/HMPPS Standalone Presentation Title: Recall, Reset, Release... Service user perspectives on re-engaging with an Intensive Intervention & Risk Management Service after recall to custody.</p>
14.45– 15.15		Tea and Coffee

Day 2 - Wednesday 24th March 2021 (continued)

15.15-16.45	Buckingham 1	<p><u>Parallel 10 Symposium - Chair: Faisal Sethi - South London & Maudsley NHS Foundation Trust</u></p> <p>Symposium Title - Secure Services: The Experience of Personality disorder in high dependency settings and psychiatric intensive care.</p> <p>Speaker 1: Andrew Howe - South London & Maudsley NHS Foundation Trust Symposium Talk 1: Borderline personality disorder in the women's psychiatric intensive care unit (general adult psychiatry).</p> <p>Speaker 2: Jeremy Berman – The John Howard Centre, East London NHS Foundation Trust Symposium Talk 2: Personality disorder in the medium secure high dependency setting.</p> <p>Speaker 3: Santosh Mudholkar - Nottinghamshire Healthcare NHS Foundation Trust Symposium Talk 3: A case for a specialist psychiatric intensive care unit for personality disorders: The high secure hospital experience.</p>
15.15-16.45	Buckingham 2	<p><u>Parallel 11 Standalone – Chair: Gary Lamph - UCLAN</u></p> <p>Speaker : Kirsten Barnicot - CNWL NHS FT/ Imperial College London Standalone Presentation Title: Dialectical behaviour therapy versus mentalization-based therapy for borderline personality disorder: A non-randomised outcome comparison.</p> <p>Speaker : Mike Crawford – Imperial College London Standalone Presentation Title: The role of Structured Psychological Support in an evidence-based stepped care pathway or people with complex emotional health needs.</p> <p>Speaker : Denise Keanie, Demi Velzian, Sarah Roy – NHS Highland Standalone Presentation Title: From Supporting Self-management to Enabling Environments: A phase-based approach.</p>
15.15-16.45	Kent& Essex	<p><u>Parallel 12 Standalone – Chair: David Kingsley – Priory Group</u></p> <p>Speaker : Peter Tyrer – Imperial College Standalone Presentation Title: The general neurotic syndrome: symptoms, functioning and personality status in the Nottingham Study of Personality Disorder.</p> <p>Speaker : Peter Tyrer – Imperial College Standalone Presentation Title: The stability of personality dysfunction.</p> <p>Speaker : Rachel Worthington – Cygnet Healthcare Standalone Presentation Title: Neurodiversity and Personality – New Approaches for supporting people with neuro-diverse presentations and co-occurring personality disorder.</p>
16.45 – 17.15		Tea and Coffee
17.15 – 18.00	Buckingham	<p>Keynote Speakers 5</p> <p>Melanie Ball- Central & North West London NHS Foundation Trust & Fiona Kuhn-Thompson - West London NHS Trust Presentation Title: 'An Open Letter': A Performed Exploration of Democratic Solutions for Distress Often Referred to as 'Personality Disorder'</p>
19.00	Guildhall	Guildhall Northampton - Drinks Reception & Gala Dinner

Day 3 - Thursday 25th March 2021

08.30-09.00		Tea and Coffee
09.00–9.45	Buckingham	Keynote Speaker 6 : Dr AnneAiyegbusi- Manager of the Managed Clinical Network – West London NHS Trust & Director, Consultant Nurse, Psychotherapist and Group Analyst – Psychological Approaches CIC Presentation Title: Black people and ‘personality disorder’: The wrong kind of trauma?
09.45-10.15		Tea and Coffee
10.15 –11.45	Buckingham 1	<u>Parallel 13 Workshop - Chair: Rex Haigh – Growing Better Lives</u> Workshop Title - The Relational Practice Movement Speakers: Nick Benefield, Rex Haigh, Vanessa Jones - Growing Better Lives
10.15 –11.45	Buckingham 2	<u>Parallel 14 Symposium - Chair: Mike Crawford - Imperial College London</u> Symposium Title - Secure Services: Assessing Sleep in Borderline Personality Disorder: Mechanisms and Opportunities. Speaker 1:Niall McGowan - Department of Psychiatry, University of Oxford Symposium Talk 1: Circadian Rest-Activity Patterns in Borderline Personality Disorder: Findings from the AMoSS Study. Speaker 2:Andrea Guariglia – University of Oxford Symposium Talk 2: Sleep, Chronotype, and Personality Traits in Borderline Personality Disorder. Speaker 3:Kate Saunders – University of Oxford Symposium Talk 3: Sleep in Borderline Personality Disorder: a Pilot Randomised Controlled Trial of Digital Cognitive Behavioural Therapy for Insomnia and Bright Light Therapy.
10.15 –11.45	Kent& Essex	<u>Parallel 15 Standalone – Chair: Anne Aiyegbusi-</u> Manager of the Managed Clinical Network – West London NHS Trust & Director, Consultant Nurse, Psychotherapist and Group Analyst – Psychological Approaches CIC Speaker : FarhaChoudhary - Camden & Islington NHS Foundation Trust, Tamar Jeynes BSMHFT, Sheena Dean- Pioneer LXP Standalone Presentation Title: Dynamics of difference: How to understand Black, Asian and Minority Ethnic (BAME) experiences within mental health and criminal justice.
11.45-12.15		Tea and Coffee
12.15 – 13.00	Buckingham	Keynote Speaker 7 : Professor Peter Kinderman - Professor of Clinical Psychology, University of Liverpool Presentation Title: Beyond disagreement and consensus: The convergence of independent views.
13.00 – 13.30	Buckingham	Awards, presentations and Closing Remarks Dr Oliver Dale and Dr Julia Blazdell
13.30 - close		Lunch with Exhibition