

A woman with dark hair, wearing a white tank top, is captured in a dynamic dance pose. She is positioned in the center-right of the frame, with her right arm extended forward and her left arm bent. The background consists of a wall with severely peeling and damaged wallpaper, revealing a lighter surface underneath. To the right, a window with white blinds is visible. The overall lighting is soft and natural, creating a candid and expressive atmosphere.

Dancing along the **Borderline**

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Session Outline

1. Introduction
2. Screening of short documentary
"Borderline" (2016)
3. Sharing of a live "working progress" duet
4. Feedback and discussion short session around
the shared work
5. Proposal and research ideas around a Multi
Arts Production
6. Questions and answer

BPD Journey



Dance and BPD

Med
Learning
and
Teaching in
the
Performing
Arts
(Dance)

Raise
awareness
of BDP
through
dance

Translate
Sufferers
Experience
through
Movement



Provide a **Voice**

Evoke **Empathy**



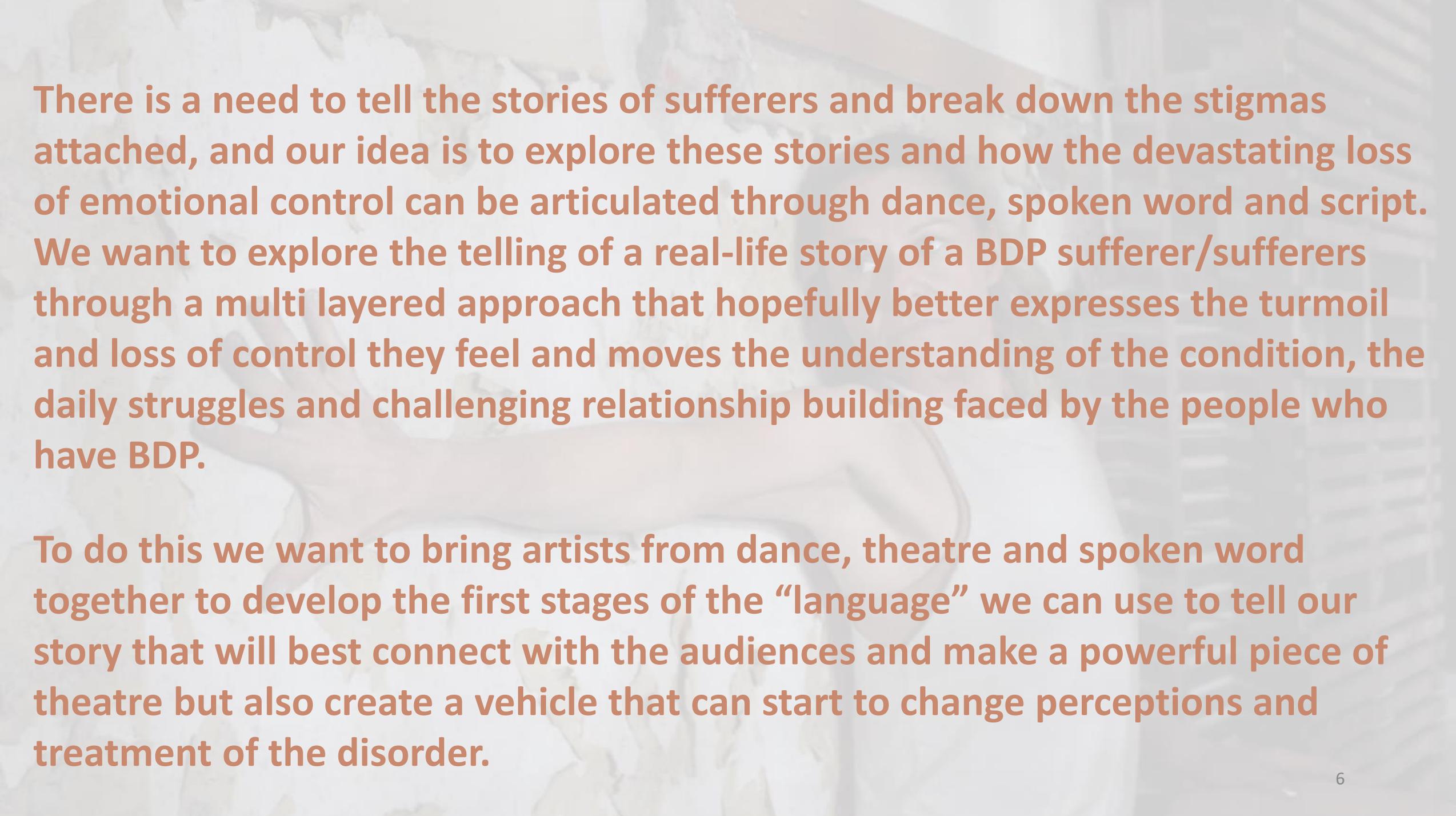
Educate

Raise Awareness



What is Dancing Along the Borderline?





There is a need to tell the stories of sufferers and break down the stigmas attached, and our idea is to explore these stories and how the devastating loss of emotional control can be articulated through dance, spoken word and script. We want to explore the telling of a real-life story of a BDP sufferer/sufferers through a multi layered approach that hopefully better expresses the turmoil and loss of control they feel and moves the understanding of the condition, the daily struggles and challenging relationship building faced by the people who have BDP.

To do this we want to bring artists from dance, theatre and spoken word together to develop the first stages of the “language” we can use to tell our story that will best connect with the audiences and make a powerful piece of theatre but also create a vehicle that can start to change perceptions and treatment of the disorder.

Representation's of Lived Experience

Making Arts Accessible

Dance
Music
Theatre
Film
Interviews
& Voice
overs

Better channels of communication



Representations that allow for clearer story telling in live productions

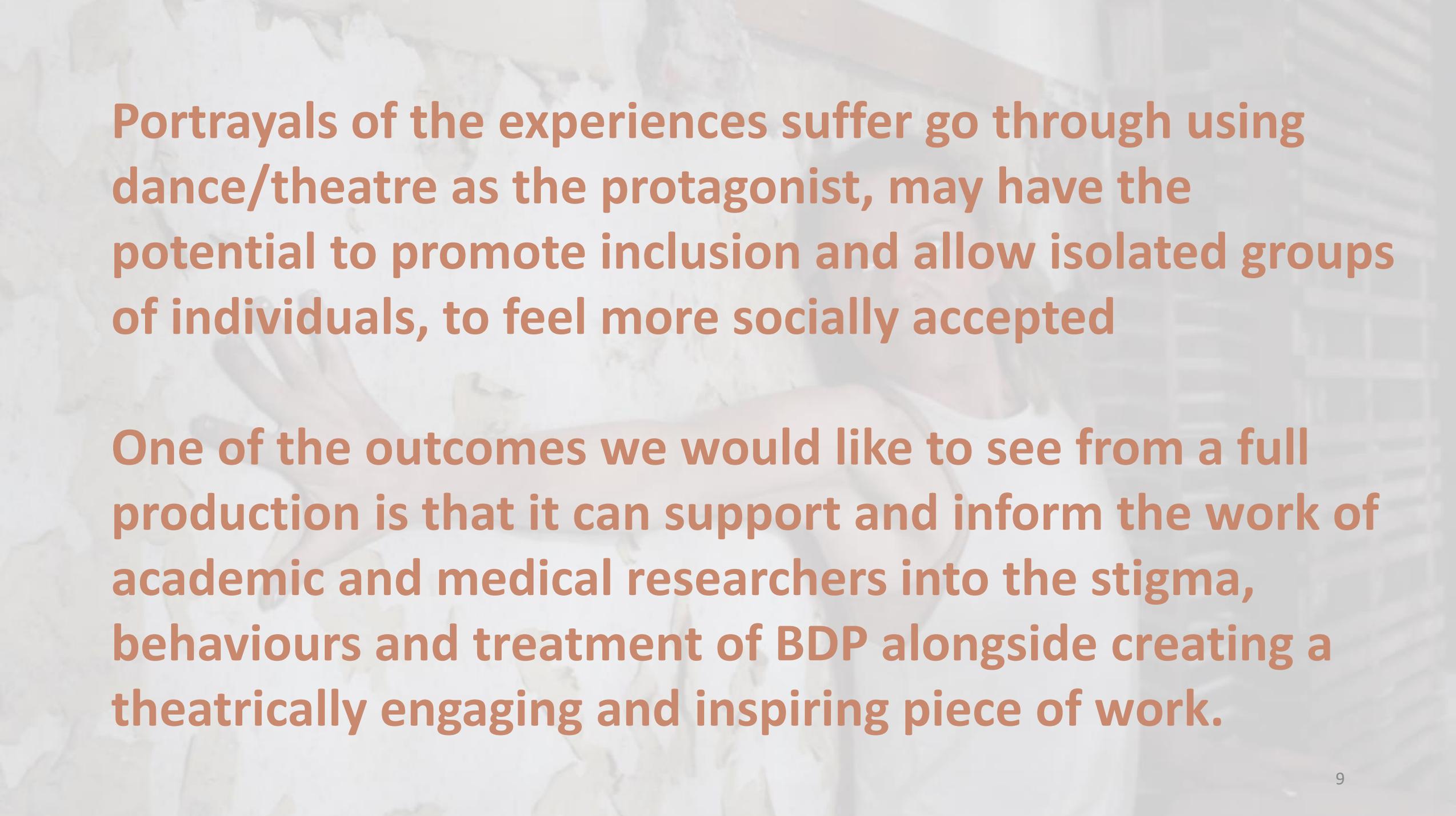


Reaches audiences that convey meaning in different forms

Translations of peoples experiences

Why a multi arts production?

1. Engages emotion and meaning
2. Creates inclusive live theatre by using a range of communication methods to reach a wide audience
3. Attracts attention and generates excitement
4. Simplifies, focuses and clarifies message
5. Models and demonstrates concepts and behaviour
6. Cultivates empathy and solidarity
7. Presents concepts in a cultural context
8. Facilitates understanding and self-efficacy
9. Accomplishes direct and indirect reach

A woman with dark hair, wearing a white tank top, is captured in a dynamic dance pose. She has her arms raised and is looking towards the camera with a slight smile. The background is a brick wall, and the overall lighting is soft and natural. The text is overlaid on this image in a bold, orange-brown font.

Portrayals of the experiences suffer go through using dance/theatre as the protagonist, may have the potential to promote inclusion and allow isolated groups of individuals, to feel more socially accepted

One of the outcomes we would like to see from a full production is that it can support and inform the work of academic and medical researchers into the stigma, behaviours and treatment of BDP alongside creating a theatrically engaging and inspiring piece of work.

Aim 1

To identify the main difficulties & miscommunication with others who sufferer from emotional dysregulation, healthcare professional's and family members

Data Collection

Ethnographic study arts-based methods

Online Forum – BPD participants
Focus Group x 3

- BPD participants
- Family members
- Health professional's

Surveys, Recorded Interview

Data Analysis

Mixed Data Collection
Quantitative & qualitative
Thematic Analysis
Statistical Analysis
Mutual Recovery Theory

Data Interpretation

- Survey instrument
- Understand the sample groups experiences which will inform the creative process
- Recorded interviews for creative process

Aim 2

Create a multi arts live performance piece based on the dissemination of research finding's resulting on an arts based research performance

Creative Process & rehearsals x 2 stages
4 x weeks R&D, 2 weeks rehearsal
Invite selected focus groups to watch the piece mid creative process 2nd stage of rehearsals

Focus group
Recorded interviews

Qualitative data analysis
Thematic Analysis

Analyse data
Interpret findings from focus group
Revise performance piece

Aim 3

Produce a short film through audiences and stakeholders feedback on the live production

Programme live event to an invited audience. Adminstrate surveys & conduct recorded interviews to

- BPD participants
- Healthcare professional's
- Family members
- Public audience

Qualitative Data Analysis
Thematic analysis

Interpretation of finding via short film
Paper publication

Partnership Working

- Experienced researcher whom will;
 1. lead and facilitate focus group
 2. gather evidence
 3. analyse data
- Financial investment
- Links to partners that may be interested in collaborating in the project

Fundraising

Wellcome Trust Public Engagement Fund – Research based

- Up to 3 x years of funding
- Creative approaches to engage the public
- Improve health research by making it more people-centred

Creative Scotland Open Project funding - Creative Process

- Projects which aim to present high quality work to new audiences
- Projects which encourage more people to take part in artistic and creative activity

Dancing Along the **Borderline**

Any Comments or Questions?

