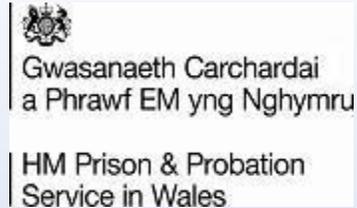




Llwybr
Anhwylder
Personoliaeth
Troseddwyr Cymru

Wales Offender
Personality
Disorder
Pathway



Integrated Research within an OPDP context – Learning from Wales

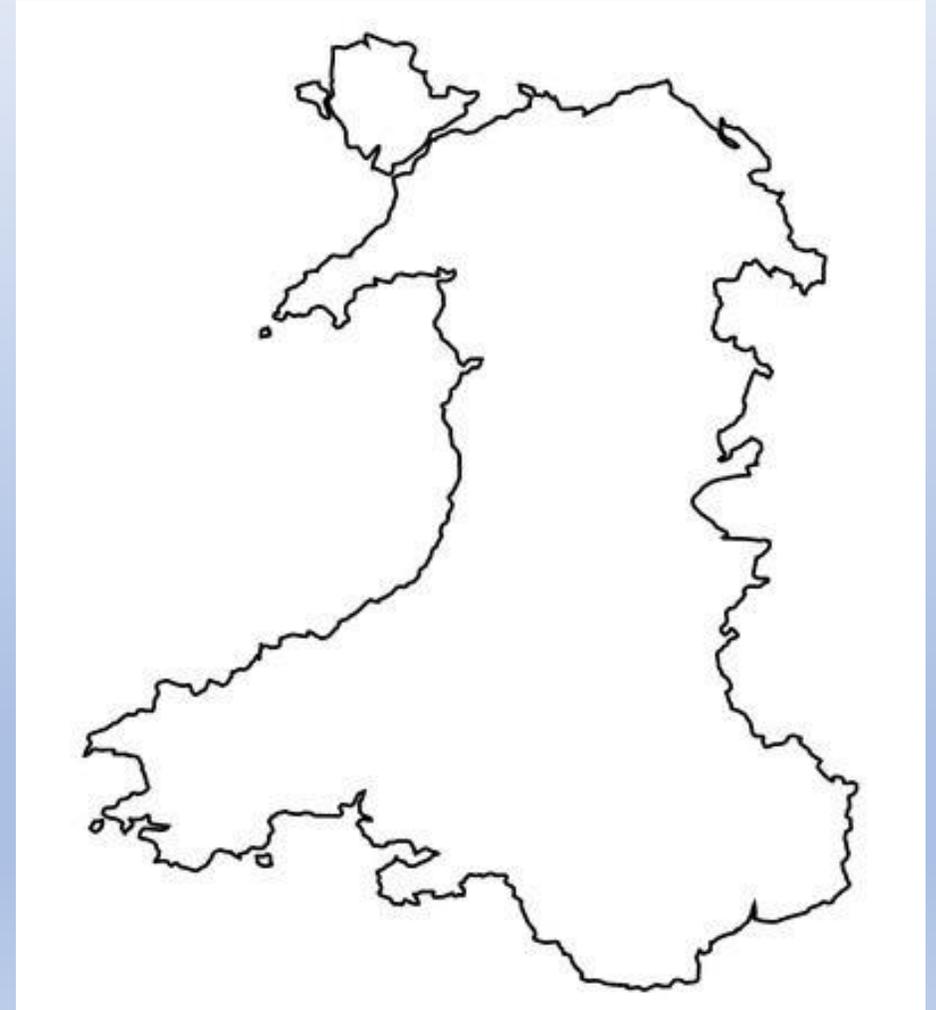
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Integrated Research within the Offender Personality Disorder Pathway (OPDP)

- Embedded from the outset (2013)
- One lead for research, one full-time researcher
 - Temporary research assistants
 - Six MSc students to date
 - Two additional PhDs underway
 - Ongoing expansion
- Work spans the length and breadth of the country
- Guided by central OPDP strategy objectives and informed by local processes



What guides OPD research in Wales?

- Central OPD objectives

- Reduced reoffending
- Improved psychological health, well-being, pro-social behaviour and relational outcomes
- Improved confidence, competence and attitudes of staff
- Increased efficiency, cost-effectiveness and quality of OPD services



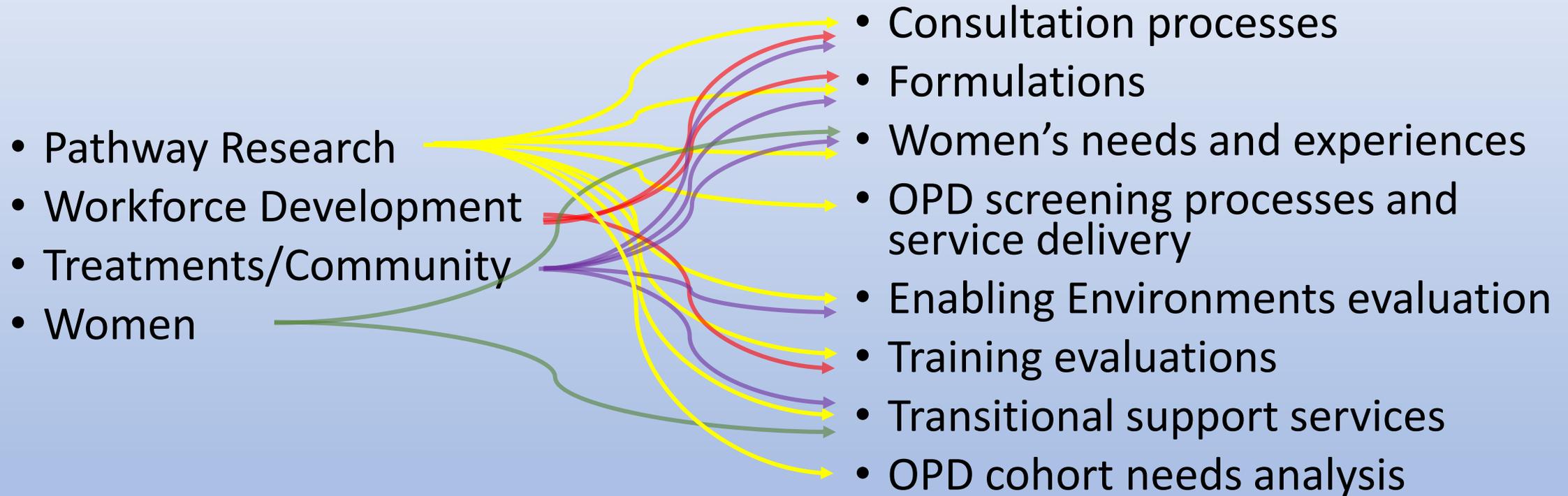
- Local team input

- Feedback on service delivery
- Training needs
- Areas for prioritisation

- Central OPD Research strategy

- Pathway Research
- Workforce Development
- Treatments/Community
- Women

National Research strategy priorities



WALES OFFENDER PERSONALITY DISORDER PATHWAY

Community to community support for women with complex needs, via liaison with the courts and a range of professional groups, including GPs, other Health teams, 3rd Sector organisations (e.g., drugs, alcohol, sex working), prisons (particularly PD units) and Probation.



Approved Premises
 Consultation, formulation, training, and reflective practice sessions are offered to staff supporting our clients in our APs. All APs in Wales are working towards Enabling Environments award status, with Ty Newydd in Bangor achieving the award in 2016. Transitional Support services are soon to be embedded in Quay House AP in Swansea.



Workforce Development Services:

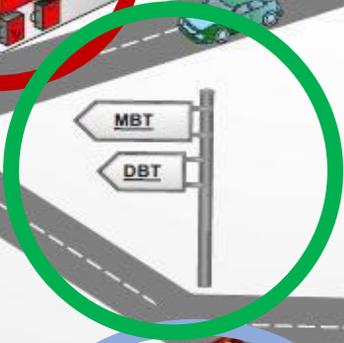
- XUF, CAT, Emotional Regulation
- Group Consultations
- Reflective Practice



- Bespoke training, including on PD, Schemas...
 - Reflective practice workshops including:
 + maintaining working relationships while holding boundaries
 + managing risk in isolation
 + navigating intimidating behaviour and emotional instability
 + working with women who self-harm and attempt suicide
 - Support with resilience through consultation & formulation meetings
 - Awareness training via NPS Team Meetings
 - Facilitating multi-disciplinary working with Health, Housing, 3rd Sector etc., teams

Consultation & Formulation

- Providing psychological support to Offender Managers
- Drawing on the expertise of Specialist PD OMs, Psychologists, and OMs to offer strength-based approaches to working with clients with complex needs
- Developing a narrative or pictorial representation of our clients' functioning and risk
- Modelling and supporting the implementation of different psychological approaches



Research and Evaluation

- All aspects of OPD services are evaluated including:
 + Training and interventions
 + Enabling Environments
 + Consultation and Formulation services
 + Offender journeys
- Collaboration with local universities is a symbiotic process
 + MSc's - 7 and counting; PhD's - 2 co-supervising
 - Dissemination of findings to research participants, managers and international audiences alike is important



MBT

- launched as RCT in June 2016, this is aimed at ASPD men over the age of 21
- based in Llanelli, this is the only MBT site in Wales
- all those recruited attend on a voluntary basis and often after their probation licence has terminated
- the team consists of psychology, probation and an expert by experience
- our expert by experience is involved not only in running the group but also in supervision and in Expert by Experience network meetings in London.



Gwasanaeth Carchardai a Phrawf EM yng Nghymru
 HM Prison & Probation Service in Wales

Keeping connected with academia



MSc projects

- Enabling Environments (x 3)
- Consultation experiences
- Women's experiences
- KUF training impact

PhD projects

- Formulations
- OPD screening tool utility / consultation processes
- IIRMS evaluation

Consultation processes in the OPD Pathway

- Mixed methods study exploring the -
 - Goals offender managers have in OPD consultations
 - Actions generated within consultation meetings
 - Outcomes and benefits of these consultations
- A component of the PhD exploring OPD functions and utility
- Running for three years in current format
 - evolved over time in response to feedback from the local team
- Almost 1,000 responses gathered to date
- Rich qualitative data gathered
 - routinely fed back to local team to inform service developments

Women's needs and experiences of CJS

- A 3-part study addressing offender perspectives and OM accounts
 - Mixed methods - surveys and interviews
 - Community interviews conducted by OPDP staff for MSc
 - Interview analysis – IPA and thematic approaches
- Very low response rate to surveys - quantitative findings not generalisable
- Interview studies support the view that trauma and disjointed systems contribute substantially to “revolving door” scenarios with women offenders and highlight the importance of fostering relational security between probation officers and their clientele

Enabling Environments

- Mixed methods study with a dynamic protocol to account for changes in the implementation process
- Began in October 2014 with two Approved Premises
- Expanded November 2015 to include one prison – currently gathering data in 4 prisons
- Research Assistant working exclusively on this project
- No impact data yet but several outputs from findings to date

Offender Personality Disorder Screening Tool

- Quantitative study forming one component of a PhD
- Access granted to over 176,000 case records
- This study will -
 - Explore the psychometric properties and function of PD screen items
 - Address the role and function of additional items
 - Explore any additional contributions from the rest of OASys item pool
 - Explore gender differences in screening outcomes
 - Investigate correlations with other screens (Learning Difficulty, maturity)
- Implications for OPDP processes and establishing an evidence base are key to this study

The Benefits of Integrated Research

- Time

- EE study – a one-year project would have been terminated – time allowed for evolution with organisational developments
- Women's study delays – over a year to gain access to prison population
- Consultation data (N = 1,000) provide a steady timeline of Pathway development – time allowed dynamic study refinement in keeping with action research principles

- Access

- PD screen study – substantial quantities of highly sensitive and secure data
- Connection with Transitional Support nurse allowed unrestricted access to women in prison
- Team meetings inform development of projects relevant to team processes

The Benefits of Integrated Research

- Money
 - Lead researcher (one day a week) plus one full-time researcher – we're very cheap!
 - Links with universities mean student support is extremely cost-effective – supervision and data access in return for data input and analysis
- Dynamic service
 - Continuous feedback to local team provides reassurance that work is meaningful
 - Input from the team and from leadership helps keep studies relevant and responsive to needs of the service
 - Findings impact on service delivery – women's study findings helped guide Transitional Support service while in pilot mode
 - Making researchers out of practitioners – mental health nurses, psychologists and specialist probation officers contributing to publications and guiding research objectives

Limitations of the Welsh approach

- Small team – can't do everything we'd like
- Mostly local in focus – unsure if replicating work in other areas
- No service-user input – aiming to rectify this

Conclusions

- Integrated research works well in a dynamic service like the OPD Pathway
- Straightforward to implement
- Important to take an adaptive approach and roll with service developments
- Linking with local universities and services can be beneficial

Thank you very much for listening

For more information on any of our studies or processes, or to request publications, contact:

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