



BIGSPD – 18th Annual Conference
INVERNESS
 21st to 23rd March 2017

DAY 1: Tuesday 21st March 2017

12.30pm till 1.30pm	REGISTRATION AND LUNCH (Burns Suite) at KINGSMILL HOTEL
1.30pm till 1.45pm	Welcome by BIGSPD Co-President Tom Mullen - Kingsmill Suite
1.45pm till 2.45pm	Senior Scientist Award & Address (Kingsmill Suite) Professor Peter Fonagy, University College London: Epistemic trust in personality disorder

2.45pm till 3.00 pm	Refreshments
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3.00pm till 4.30pm		Parallel Sessions		
Adams Room	Kingsmill	Burns Room	Damfield Suite	Culcabock Suite
Workshop: <i>Social Media Workshop - All you zombies tweet, tweet, tweet</i> Emma Jones Kirsten Barnicot	Workshop: An invitation to consider using 'Wot R U Like? A programme for self-awareness,' as a preparation for group therapy, e.g. DBT, MBT	Symposium: <i>Different ways of experiencing with EMBRACE</i> Chair: Professor Rex Haigh, Berkshire Healthcare NHS Foundation Trust	Workshop: Developing a set of standards and model of delivery for interventions across the Offender Personality Disorder pathway	Symposium: Reimagining Service User Involvement in Leeds Personality Disorder Services Chair: Sharon Prince, Consultant Clinical & Forensic Psychologist, Clinical and Professional Lead,



<p>Fenella Lemonsky</p>	<p>Jo Mullen: service user and author & Nadine MacArthur Community Mental Health Nurse, Moray West CMHT, NHS Grampian</p>	<p>Paper 1. Journey to Embrace – I did it my way”</p> <p>Paper 2. Ward EMBRACE: A Community and Inpatient Collaboration</p> <p>Paper 3. Acting it out: production and performance of the Embrace play!</p> <p>Dr Vanessa Jones, Marina Khan, Luke Rosser, Faye West - Assertive Intervention Stabilisation Team (ASSiST), Berkshire Healthcare NHS Foundation Trust</p>	<p>Sarah Skett – NHS England lead for OPD pathway Carine Lewis – National Offender Management Service (NOMS) Research Manager OPD pathway Kirk Turner - NOMS Environments Lead OPD pathway</p>	<p>Leeds Personality Disorder Services</p> <p>Paper 1: Involvement Strategy for PD Managed Clinical Network Sabine Dufeutrelle (Service User Consultant) & Ellen Scroop (Team Manager), Leeds Personality Disorder Services</p> <p>Paper 2: Involvement strategy for Pathway Development Service Ruth Sutherland, Clinical Psychologist and Involvement Lead, Leeds Personality Disorder Services</p> <p>Paper 3: Involvement strategy for Yorkshire-Humber Personality Disorder Partnership Petra Chapman-Gibbs, Senior Probation Officer, National Probation Service/Yorkshire-Humber Personality Disorder Partnership</p>
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<p>4.30pm till 5.30pm</p>	<p style="text-align: center;">Plenary: Kingsmill Suite Dr Andrea Williams, Chair of Royal College of Psychiatrists in Scotland’s Working Group on Personality Disorder: A Scottish Perspective on Personality Disorder</p>
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	Dr Tim Agnew, NHS Highland Personality Disorder Service: Personality Disorder in the Highlands
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5.45pm till 6.45pm	BIGSPD Committee Meeting – Kingsmill (BIGSPD Committee members only)
6.45pm till 7.30pm	BIGSPD AGM (All welcome)
6.30pm till 8.00pm	Free time
8.00pm onwards	Dinner at the Kingsmill Hotel

DAY 2: Wednesday 22nd March 2017

9am till 10am	Plenary: Kingsmill Suite Dr Lucy Johnstone : Beyond diagnosis and disorder
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10am till 10.30am	Refreshments
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10.30am till 12pm	Parallel Sessions		
Kingsmill	Burns Room	Damfield Suite	Culcabock Suite
Chair: Sharon Prince	Chair: Tim Agnew	Symposium:	Chair: Tom Mullen
Workshop;	Paper 1: PD in the Bin: a survivor-led critique of the diagnosis – Penny Stafford and Sue Philips, Survivor Activists	The role of mood stabilisers in the treatment of borderline personality disorder	Paper 1: The commissioning of psychologically informed services: the experience of service managers - Neil Piggan, Co-Commissioner of Offender Personality Disorder Services, National Offender Management Service, Institute of
“DBT in the slammer – BEEing Mindful.		Chair: Professor Mike Crawford, Centre for Psychiatry, Imperial College London	
Meagan McNaney, Clinical			



<p>Nurse Practitioner</p> <p>Rose Braisby, Media Project Lead Martina Griffiths. Modern Matron Peaks Unit, Rampton Hospital, Nottinghamshire Healthcare NHS Foundation Trust</p>	<p>Paper 2: Can we co-produce diagnosis? - Tamar Whyte & Amanda Gatherer</p> <p>Paper 3: Creative films - Kim Ratcliffe - EBE/carer - Chairperson Jade kersalls - Recovery EBE - Treasurer Peter Regan - film maker - vice chairperson</p>	<p>Paper 1. Study Design. Professor Mike Crawford</p> <p>Paper 2. Clinical Outcomes at 12 months Dr Rahil Sanatinia, Research Associate, Centre for Psychiatry, Imperial College London</p> <p>Paper 3. Economic Analysis. Dr Barbara Barrett, Senior Lecturer, Health Services & Population Research, Kings College London</p> <p>Paper 4. Experience of study participants Fenella Lemonsky, Expert by experience.</p>	<p>Mental Health/Open University,</p> <p>Paper 2: Post-traumatic stress disorder: Implications for the psychological treatment of personality disorder - Dr Kirsten Barnicot, Imperial College London.</p> <p>Paper 3: An Evaluation of Offender Manager Experience of the Community Personality Disorder Service and its Impact on their Practice - Charlotte Ashurst, National Probation Service & Emma Jones, University of Central Lancashire</p>
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12pm till 1.45pm	Lunch (Burns Suite) and Poster Session (Kingsmills Suite)
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1.45pm till 2.15pm	
	<p>Kingsmill Suite: WHO ARE WE? DOES IT MATTER?</p> <p>Author and playwright Alan Bissett discusses the issue of identity in relation to gender, nation, class, language, looking at the ways in which these spheres of influence can both affect our mental health in both positive and negative ways. He'll also talk about the ways in which creativity can express and ameliorate these identities.</p>

2.30pm till 4pm	Parallel Sessions			
Adams Room	Kingsmill	Burns Room	Damfield Suite	Culcabock Suite
<p>Chair; Steve Pearce</p> <p>Paper 1; The role of sense of self and interpersonal</p>	<p>Symposium: <i>Within and Between: Challenges and Opportunities for Service Delivery in the</i></p>	<p>Chair: Rex Haigh</p> <p>Paper 1: Taking responsibility: The Cambridge full care locality</p>	<p>Chair: Oliver Dale</p> <p>Paper 1: Negotiation and Navigation: Duoethnographic Reflections on the</p>	<p>Symposium: Personality Disorder Services in the Highlands</p> <p>Chair: Dr Tim Agnew,</p>



<p>functioning in the diagnosis of personality disorder – Mike Crawford, Imperial College, London</p> <p>Paper 2; The impact of positive risk taking in the incident rates of a personality disorder unit – Dr Jorge Zimbron, Simon Paveling and Lee Davies</p>	<p>OPD Pathway</p> <p>Chair: Dr Suzanne Cook, Greater Manchester West Mental Health NHS Foundation Trust</p> <p>Paper 1: The Rivendell Service, HMP New Hall</p> <p>Paper 2: The ADAPT Service HMP/YOI Styal</p> <p>Paper 3: The Insight Team</p> <p>Dr Jayne L. Taylor, Dr Chris Harrop, Dr Tanya Peterson & Dr Rebecca Niebieszczanski, Greater Manchester West Mental Health NHS Foundation Trust</p>	<p>PD service. A report back at three years.- Mark Morris Consultant Psychiatrist in Psychotherapy</p> <p>Paper 2: The impact of group therapy for borderline personality disorder Dr Benjamin Griffin & Dr Kate Saunders, University of Oxford</p>	<p>Architecture and Maintenance of Relationships Post Personality Disorder Fiona Stirling, Lecturer, University of Abertay, Dundee & Melanie Anne Ball. Independent Researcher and Sessional Lecturer, Canterbury Christ Church University.</p> <p>Paper 2: The Cassel Hospital – Evaluating the effectiveness of combined psychoanalytic and psychosocial treatment for severe personality disorder Kimberley Barlow, Consultant Psychiatrist in Psychotherapy, Cassel Hospital and Chloe Finamore, Research Psychologist, Cassel Hospital</p>	<p>Consultant Psychiatrist and Psychotherapist, NHS Highland Personality Disorder Service.</p> <p>Paper 1: Development of a Personality Disorder Service in NHS Highland. Tim Agnew, Sarah Roy, Specialist Personality Disorder Practitioner in Personality Disorder, Denise Keanie, Specialist Personality Disorder Practitioner</p> <p>Paper 2. The Development of a Day Service for people with Personality Disorder in NHS Highland Denise Keanie, Sarah Roy and CAS Day Service members</p> <p>Paper 3. Development of the NHS Highland Integrated Care Pathway Tim Agnew, Denise Keanie, & Sarah Roy</p> <p>Co – facilitators: Michelle Vroon and Roz McCooey, Personality Disorder Service Volunteers</p>
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4pm till 4.15pm	Refreshments
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4.15pm till 6.15pm	Parallel Sessions
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Kingsmill	Burns Room	Damfield Suite	Culcabock Suite
<p>Symposium: High secure services for personality disordered prisoners: An update from the Westgate Unit at HMP Frankland and partnership organisations</p> <p>Chair: Melanie Hunter, CPsychol, Senior Psychologist and Research Lead from Westgate Personality Disorder Treatment Service at HMP Frankland.</p> <p>Paper 1: Examining the relationship between early maladaptive schema, criminal thinking styles and personality disorders within an offender population Phil Neal, MSc Student, Newcastle University</p> <p>Paper 2. Co-morbidity of personality disorder, psychopathy and clinical syndrome in high-risk incarcerated offenders Darren Johnson, Senior Lecturer in Psychology, School of Social Sciences, Business and Law, Teesside University,</p> <p>Paper 3. The Criminal Narrative Experience of Psychopathic and Personality Disordered Offenders Katie Goodlad, MSc Student, University of Huddersfield</p> <p>Paper 4. Evaluation of the Social Competency and Emotion Modulation Treatment</p>	<p>Chair: Gary Lamph</p> <p>Paper 1: Ida's Diary: Using a Film Documentary to Explore Borderline Personality Disorder-related Perceptions of Student Nurses and Counsellors - Emma Lamont, Nurse Lecturer, Abertay University & Fiona Stirling, Lecturer in Counselling, Abertay University.</p> <p>Paper 2: Stigma, emotion appraisal and the family environment as predictors of carer burden for family carers of individuals with borderline personality disorder (BPD)- Jenna Kirtley, Trainee Clinical Psychologist, 5 Boroughs Partnership NHS Trust & University of Liverpool.</p> <p>Paper 3: SIM: An invitation to join a new NHS England funded High Intensity Mentoring Network Sgt Paul Jennings - Mental Health Team, Hampshire Constabulary and NIA Fellow 2016 Vicki Haworth - Innovation Lead, Isle of Wight NHS Trust Ashley McGroarty - Service User</p>	<p>Chair: Tom Mullen</p> <p>Paper 1: Improving Quality and Safety for Patients utilising the Belfast Trust Self Harm and Personality Service through Care and Crisis Management Planning - Dr John O'Hare ST7 Doctor in Psychiatry, BHSCT, Self-Harm and Personality Disorder Service</p> <p>Paper 2: Mentalization-based music therapy for people with personality disorder: Can it play a key role in enhancing implicit mentalizing? - Paula Hedderly, Service Manager and Clinical Lead Music Therapist, Northwest London Arts Psychotherapies Service, CNWL NHS Foundation Trust</p> <p>Paper 3: Occupational therapy for people with a personality disorder following discharge from hospital: A feasibility study of a new intervention - Dr Mary Birken, Research Fellow in Occupational Therapy, Plymouth University</p> <p>Paper 4: Adapted Individual Mentalisation Based Therapy - Simon Murphy, Personality disorder practitioner, The Villa, Holywell hospital, Antrim</p>	<p>Chair: Piyal Sen</p> <p>Paper 1: Manuals, management and mystification: The challenge of creating powerful and flexible therapeutic work in a secure setting - David Jones Psychotherapist, Therapy Manager HMP Gartree / Notts Health, Helen Ashwell Educationalist, HMP Gartree / Notts Health, Tamsin Teale, Forensic Psychologist in training, HMP Gartree / Notts Health.</p> <p>Paper 2: Trauma informed working: Encouraging and developing the understanding of trauma with female offenders - Sarah Johnson, Trainee Forensic Psychologist, Tees Esk and Wear Valley NHS Foundation Trust</p> <p>Paper 3: "Improving positive community outcomes among offenders with personality disorder: The POPPED Project"- Connell, C. Warwick Medical School, University of Warwick; Birmingham and Solihull Mental Health NHS Foundation Trust</p>



<p>Components delivered within a high-secure Personality Disorder Treatment Service Darren Johnson, Senior Lecturer in Psychology, School of Social Sciences, Business and Law, Teesside University, and Emily Bowes, MSc Student, Teesside University</p> <p>Paper 5. How can prisoners and staff be better supported to manage and reduce self-harm during prisoners journeys through HMP Frankland’s Personality Disorder Treatment Service (PDTS)? Professor Di Bailey, School of Social Sciences, Nottingham Trent University and Dr Claire De Motte, Research Assistant for Social Work and Health, Nottingham Trent University,</p>			<p>Paper 4: Losing your childhood and finding revenge: A multi-functional, grounded theory model of the experiences of personality disordered offenders - Lynsey F. Gozna (D.Foren.Psy. student) University of Nottingham</p>
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6.15pm till 7pm	Free time
7pm	Drinks reception
7.30pm onwards	Gala Dinner at the Kingsmill Hotel

DAY 3: Thursday 23rd March 2017

9.30am till 11am	Parallel Sessions		
Kingsmill	Burns Room	Damfield Suite	Culcabock Suite
Workshop:	Symposium: Taking stock - lessons from the implementation of the Intensive	Symposium: Responsivity - The importance of	Symposium: Moving from specialist therapy towards



<p>Staff Relational Thinking in Everyday Client Contact in a CMHT with a Large Caseload of People with PD</p> <p>Jane Bradley, Advanced Practitioner, Tees Personality Disorder Service, Sarah Robinson, Psychological Therapist, Middlesbrough Affectives Disorders and Adam Freear, Research assistant TEWV</p>	<p>Intervention and Risk Management Service (IIRMS) model as part of the ‘Offender personality disorder strategy’ (OPDS) in England and Wales.</p> <p>Chair: Vikki Baker, Consultant Clinical Psychologist, Joint Service Director at Resettle Intensive Intervention and Risk Management Service, Merseyside</p> <p>Paper 1: ‘The Challenges are the Work’: Learning from the Compass Project - an Intensive Intervention Risk Management Service for Women Offenders with Personality Disorder Lisa Maltman (Forensic Psychologist) & Alan Hirons (Occupational Therapy Clinical Specialist), Yorkshire and Humber Personality Disorder Partnership</p> <p>Paper 2: Where’s my head at? From chaos to containment: Service user views on engaging with the Resettle (IIRMS) Project. Dr Sue Ryan, Chartered Clinical & Forensic Psychologist/Deputy Service Director</p> <p>Paper 3: Missing a trick: Occupational Therapy within Offender Personality Disorder Pathway services? Alan Hirons</p> <p>Paper 4: Reflections on the role of a police officer within Resettle IIRMS- it’s not all about the risk. Caroline O’Brien, Detective Constable seconded into Resettle IIRMS, Merseyside.</p>	<p>Responsivity</p> <p>Chair: Natalie Smith – Quality and Outcome Specialist, NOMS Interventions Services</p> <p>Paper 1: Findings from the pilot of the Motivation & Engagement programme Chris Bull – National Specialist Lead, NOMS Interventions Services</p> <p>Paper 2: An introduction to Kaizen Sarah Henfrey - National Specialist Lead, NOMS Interventions Services</p> <p>Paper 3: Being mentored: An interpretative Phenomenological Analysis of women’s experiences of the CARE programme. Laura Ramsey - National Specialist Lead, NOMS Interventions Services</p> <p>Paper 4: Becoming New Me: Innovation in the development of interventions for men with learning disabilities. Natalie Smith.</p>	<p>therapeutic interactions: Mentalization Based Therapy Skills Training for generalist practitioners working with people with personality disorder</p> <p>Chair: Dr Richard Taylor Consultant Psychiatrist in Medical Psychotherapy and Clinical Lead, Regional Eating Disorders Unit, St John's Hospital.</p> <p>Paper 1. Staff nurse perceptions of the impact of mentalization-based therapy skills training when working with borderline personality disorder in acute mental health: a qualitative study. Dan Warrender, University of Glasgow and Robert Gordon, NHS Grampian</p> <p>Paper 2. ”Tricky Interactions”: exploring mental health staff responses to stressful interpersonal sequences following Mentalizing Skills Training Dr Andrea Williams and Sara Beedie, NHS Greater Glasgow and Clyde</p> <p>Paper 3. Developing the Knowledge and Application of MBT Questionnaire (KAMQ) – establishing psychometric properties and exploring validity. Dr Andrea Williams, NHS Greater Glasgow & Clyde</p>
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11am till 11.15am 11.15 till 11.30	Refreshments Tom Bailey – An artistic impression of BIGSPD 2017
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11.30am till 12.30pm	Senior Practitioner Award and Address: Kingsmill Suite Dr Jackie Craissati: Tracking the developments in offender personality disorder models of care from 2002 to 2020 - Personality Disorder: No longer a diagnosis of exclusion, and beyond.
12.30pm till 12.45pm	Junior Scientist and Poster Prize – Kingsmill Suite
12.45pm till 1pm	Closing Remarks: Tom Mullen – BIGSPD Co-President
1pm	Lunch to go